

WHAT IS THE ROLE OF THE INTERNATIONAL FEDERATION (IF)?

Anti-doping activities required of IFs by the World Anti-Doping Code include conducting in- competition and out-of-competition testing, providing education programs and sanctioning those who commit anti-doping rule violations.

If you have any anti-doping queries, please contact IF Staff:

- **TECHNICAL COMMITTEE IFBB CHAIRMAN**

 Prof. D. MAURICIO DE ARRUDA CAMPOS (Brazil.)
e-mail. mauricio@santonja.com

please contact IF Anti-Doping Manager + contact details/ link to contact form.

WHAT IS THE ROLE OF THE NATIONAL ANTI-DOPING ORGANIZATIONS (NADOs)?

NADOs are organizations designated by each country as possessing the primary authority and responsibility to adopt and implement national anti-doping rules, carry out anti-doping education, plan tests and adjudicate anti-doping rule violations at a national level. They may also test athletes from other countries competing within that nation's borders.

Check the **list of NADOs** to find out who to contact in your country.

If a NADO has not been designated in a country, the National Olympic Committee (NOC), if there is no NADO, takes over these responsibilities. In a number of regions of the world, countries have pooled their resources together to create a Regional Anti-Doping Organization (RADO) responsible for conducting anti-doping activities in the region in support of NADOs.

Check the **list of NADOs**.

RADOs bring together geographically-clustered groups of countries where there are limited or no anti-doping activities. The RADOs provide anti-doping education for athletes, coaches and support personnel, testing of athletes, training of local personnel to undertake this task and an administrative framework to operate within.