

## **PROHIBITED LIST**

The Prohibited List identifies substances and methods prohibited in-competition, at all times (i.e. in- and out-of-competition) and in particular sports. Substances and methods are classified by categories (e.g. steroids, stimulants, masking agents). The list is updated annually following an extensive consultation process facilitated by WADA.

It is each athlete's responsibility to ensure that no prohibited substance enters his/her body and that no prohibited method is used.

**Prohibited List (and Summary of Modifications of new List)**

**Prohibited List website (and info on App)**

Many of the substances on the Prohibited List have no medical application, but for those that do, the list only contains the generic names of the pharmaceutical substances; the list does not contain brand names of the medications, which vary from country to country. **Before taking any medication, please make sure to check with your prescribing physician that it does not contain a prohibited substance.**

The IF will only allow an athlete to use a prohibited substance for medical reasons if the athlete has a valid Therapeutic Use Exemption (TUE) for the substance that the IF has granted or recognized.

**Before taking any medication, please make sure to check with your prescribing physician that it does not contain a prohibited substance.**

- 1. Check that the generic name or International Non-proprietary Name (INN) of any active ingredient is not prohibited under the Prohibited List ('in- competition only' or at 'all times').** For example, Modafinil (INN) is prohibited in- competition according to the Prohibited List and is sold in English-speaking countries under brand names such as Alertec<sup>®</sup>, Modavigil<sup>®</sup> and Provigil<sup>®</sup>. These brand names do not appear on the List.
- 2. Check that the medication does not contain any pharmaceutical substances that would fall within a general category that is prohibited.** Many sections of the Prohibited List only contain a few examples and state that other substances with a similar chemical structure or similar biological effect(s) are also prohibited.
- 3. Be aware that intravenous infusions and/or injections of more than 50mL per 6 hour period are prohibited, regardless of the status of the substances.**
- 4. If you have any doubt, contact the IF (or your NADO if you are a national- level athlete).**

#### **USEFUL ONLINE DATABASES\***

The following online country-specific drug reference databases are also available for checking the status of a medication bought in that country.

- **GLOBALDRO\*** (for Canada, UK, USA, Japan and Australia)
- **GLOBALDRO LINK TO OTHER COUNTRIES' ONLINE DATABASES\***

*\* Important note: the IF and WADA do not take responsibility for the information provided on these websites.*