

WORLD CAPITAL CITY OF FITNESS SANTA SUSANNA 2006

PROVISIONAL TENTATIVE SCHEDULE

Thursday, September 21

(Official arrival date for all National Delegations and Professional Athletes - 1st SANTA SUSANNA MEN'S PRO)

08:00am – 02:00pm	Reception Secretariat – Check in point
05:30pm	Referees/Team Managers Meeting – IFBB WORLD WOMEN'S BODYBUILDING, FITNESS & BODY FITNESS AND MEN'S FITNESS CHAMPIONSHIPS.
06:30pm	Weigh-in – IFBB WORLD WOMEN'S BODYBUILDING, FITNESS & BODY FITNESS AND MEN'S FITNESS CHAMPIONSHIPS
08:00pm	Dinner

Friday, September 22

(Venue Site: Sport Centre of Santa Susanna – Parc Colomer)

07:30am – 08:30am	Breakfast
09:00am	Shuttle bus (Hotels - Sport Centre Parc Colomer)
10:00am	Open Ceremony of "Expo Santa Susanna 2006 World capital city of fitness" <u>FREE ENTRY.</u>
10:15am	PREJUDGING 1ST PART - IFBB WORLD WOMEN'S BODYBUILDING, FITNESS & BODY FITNESS AND MEN'S FITNESS CHAMPIONSHIPS
12:30pm – 01:30pm	Shuttle bus (Sport Centre Parc Colomer - Hotels)
01:00pm – 03:00pm	Lunch
03:00pm – 03:30pm	Shuttle bus (Hotels - Sport Centre Parc Colomer)
04:00pm	PREJUDGING 2ND PART – IFBB WORLD WOMEN'S BODYBUILDING, FITNESS & BODY FITNESS AND MEN'S FITNESS CHAMPIONSHIPS
07:30pm – 09:30pm	Shuttle bus (Sport Centre Parc Colomer - Hotels)
08:00pm – 10:00pm	Dinner

Saturday, September 23

(Venue Site: Sport Centre of Santa Susana – Parc Colomer)

07:30am – 08:30am	Breakfast
09:30am	Shuttle bus (Hotels - Sport Centre Parc Colomer)
10:00am	"Expo Santa Susanna 2006 World capital city of fitness" – <u>FREE ENTRY</u>
10:30am	PRO Athletes Meeting and Weight-in in Castillo de Can Rates of 1 st SANTA SUSANA PROFESSIONAL GRAND PRIX
11:30am	PRO Referees' Meeting in Castillo de Can Rates of 1 st SANTA SUSANA PROFESSIONAL GRAND PRIX
12:30pm – 01:30pm	Shuttle bus (Sport Centre Parc Colomer - Hotels)
01:00pm – 03:00pm	Lunch
03:00pm – 03:30pm	Shuttle bus (Hotels - Sport Centre Parc Colomer)
03:45pm	FINALS - IFBB WORLD WOMEN'S BODYBUILDING, FITNESS & BODY FITNESS AND MEN'S FITNESS CHAMPIONSHIPS
07:30pm – 09:30pm	Shuttle bus (Sport Centre Parc Colomer - Hotels)
08:00pm – 10:00pm	Dinner

Sunday, September 24

1st SANTA SUSANA PROFESSIONAL GRAND PRIX: **25.000 \$ USD**

(Venue Site: Sport Centre of Santa Susana – Parc Colomer)

07:30am – 08:30am	Breakfast
09:45am	Shuttle bus (Hotels - Sport Centre Parc Colomer)
10:00am	"Expo Santa Susanna 2006 World capital city of fitness"
12:30pm – 01:30pm	Shuttle bus (Sport Centre Parc Colomer - Hotels)
12:30pm – 03:00pm	Lunch
03:00pm – 03:30pm	Shuttle bus (Hotels - Sport Centre Parc Colomer)
04:00pm	1st SANTA SUSANA PROFESSIONAL GRAND PRIX – PREJUDGING AND FINALS
08:00pm – 09:30pm	Shuttle bus (Sport Centre Parc Colomer - Hotels)
09:30pm – 10:30pm	Shuttle bus (Hotels - Banquet place)
10:30pm	Farewell Banquet and Closing Ceremony "WEEKEND SANTA SUSANNA 2006" SANTA SUSANNA PROFESSIONAL GRAND PRIX IFBB WORLD WOMEN'S BODYBUILDING, FITNESS & BODY FITNESS AND MEN'S FITNESS CHAMPIONSHIPS (Sport shoes or clothes will not be accepted).