



National Talent Roundup

The must-attend event of 2006 year for the people admiring massive muscle was, no question, National Bodybuilding And Fitness Championship of the Republic of Belarus organized by the Belorussian Federation Of Bodybuilding And Fitness. This very kind of sport has a great tradition in our country starting from the sixties and taking its roots from the Soviet Union bodybuilding school. After the Soviet Empire split up, Minsk welcomed two international competitions, European Championships of 1997 and 2002 (during the last one EBFF was formed and Rafael Sanonja elected the President). Since 1992 adepts of hard training have the opportunity of enjoying 2-3 annual national events of this kind – and year 2006's no exception.

National Bodybuilding And Fitness Championship of the Republic of Belarus opened the bodybuilding season of the year starring well-known athletes of the country as well as a number of impressive newcomers.

The activities began in the morning on the 30^d of April in the “MAZ” Palace Of Culture – the crowd lined up before the doors opened and soon it became really impossible to get tickets to the competitions (especially the finals starting at 7 PM). The women's event this year included competitions on bodyfitness and featured a new Belorussian star – **Natalia Sergeeva** (*up to 168 sm*), future overall bodyfitness winner of the international contest «Mis ir Misteris Baltija» (Lithuania, 13-14th of May). Famous athlete of our country and last year winner **Ljudmila Fadeeva** became the leader of the *up to 163 sm* division and the highest bodyfitness girl winner (*over 168 sm*) became **Zhanna Pronina**.

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Up to 163 sm bodyfitness division,
National Champion **Ljudmila Fadeeva** in the center, **Elena Ivanova** - 2nd place (left)

Men's part of the Championship '2006 for the first time included competitions on Classic Bodybuilding, officially recognized as a new sport discipline by the IFBB Executive Council and IFBB Congress on November 27, 2005 (Shanghai, China). Congratulations go to overall winner **Pavel Bashan**. Bodybuilding contest also included *men-up-to-70* (**Andrej Aksamit**, third-place winner of the European Championship'2003), *men-up-to-75* (**Aleksandr Posheljuk**), *men-up-to-80* (**Vitaly Belous**, second-place winner of the National Championship'2004), *men-up-to-85* (**Dmitry Trubilo**, fourth-place winner of the European Championship'2003), *men-up-to-90* (**Dmitry Ramejko**), *men-up-to-100* (**Artur Gridchin**, second-place winner of the National Championship'2004) and *men-over-100* (**Dmitry Sushko**).



The heaviest champions: bodybuilding *men-over-100*, **Sergey Kostel** - 2nd place (left) and **Dmitry Sushko** - 1st place (right)

That's the way the things in the field of the Belorussian bodybuilding and fitness are... The story goes on and the continuation is to follow in the middle of October when another great National event is to be held.