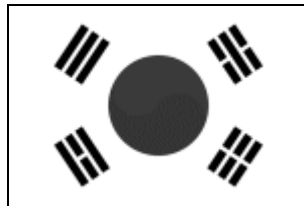




61ST IFBB MEN'S WORLD AMATEUR BODYBUILDING CHAMPIONSHIPS and IFBB INTERNATIONAL CONGRESS

INSPECTION REPORT



JEJU, REPUBLIC OF KOREA

OCTOBER 25-29, 2007



WELCOME

The Organizing Committee of the Korean Bodybuilding Federation (KBBF), together with the Jeju Bodybuilding Federation (JBBF) and the Special Self-Governing Province of Jeju under the leadership of his Excellency the Governor Mr. Kim Tae-Hwan, wishes to take this opportunity to extend a warm welcome to all National Federations to participate in the 61st

IFBB Men's World Amateur Bodybuilding Championships and IFBB International Congress in Jeju City, Republic of Korea, October 25-29, 2007.

WELCOME MESSAGES

Welcome Messages



Dr. Rafael Santonja
IFBB President



Datuk Paul Chua
IFBB Vice President Asia



Kim, Tae-Hawn
Governor, Jeju Province

INSPECTION TOUR PHOTOGRAPHS

ABOUT JEJU CTY

Jeju Special Self-Governing Province, or Jeju Province (Jeju-do) for short, is the only special self-governing province of the Republic Of Korea, situated on, and coterminous with, the country's largest island. Jeju-do lies in the Korea Strait, located at southern tip of the Korean peninsula and southwest of Jeollanam-do Province. The shape of the island is oval and long diameter of 74Km and short diameter of 32Km. Its capital is Jeju City.

Formerly known to Europeans as Quelpart, Jeju-do is a volcanic island created entirely from volcanic eruptions approximately 2 million years ago, during the time period from the Tertiary to the beginning of the Quaternary period. It consists chiefly of basalt and lava with 360 small volcanoes and dominated by the extinct volcano Mt. Halla-san in the center of the island.

Mt. Halla-san is the highest mountain in South Korea at 1,950 meters high with a volcanic lake at its summit. Jeju-do has a subtropical climate, warmer than the rest of Korea, with four distinct seasons. Half of the summer is rainy, and the winter is fairly dry. Due to Jeju-do's unique climate, the dormant behemoth that is Mt. Halla-san features flora and fauna of both temperate and tropical varieties coexisting on the mountain stretching down to the sea.

Jeju-do is one of the most unpolluted places in Asia as it has no manufacturing; most income of its local people is derived from tourism, agriculture and fishing. Maintaining the island's ecology is therefore a high priority for the local government and indiscriminate development of many places is strictly prohibited. As such, it is the premier tourist destination in Korea because of its stunning natural scenery coupled with superior tourist amenities; scenic beaches, waterfalls, cliffs and caves co-exist in perfect harmony with modern creature comforts. Many possibilities for water sports like scuba-diving, sea kayaking, windsurfing, parasailing are available which, together with the mild weather, makes Jeju-do an even more ideal tourist destination.

VENUE SITE

Jeju Halla Stadium (6,000 seats)

OFFICIAL HOTEL

Jeju Grand Hotel

IMPORTANT NOTICE

Only the Organizing Committee is authorized to arrange hotel reservations (including accommodations before the Official Arrival Date, after the Official Departure Date and during the Championships) for all Official Participants (Athletes and Delegates) and extra delegates.

ACCOMMODATIONS

The Organizing Committee will provide free-of-charge accommodations and three (3) meals per day for all Official Participants (Athletes and Delegates) from the National Federations according to the following *IFBB Rules*:

- Three (3) or more competitors: two (2) delegates
- One (1) or two (2) competitors: one (1) delegate
- National Federations with no athletes may send one (1) delegate who will be responsible for all of his or her own expenses.

**The term "Official Participant" means: 1) an Athlete who is duly authorized by his or her National Federation and who is registered by the IFBB to compete in the Championships, and 2) a Delegate who is duly authorized by his or her National Federation and who is registered by the IFBB to participate in the Championships pursuant to IFBB rules (see above).*

All National Team Official Participants (Athletes and Delegates) must check-in BEFORE the start of the Weigh-in and Registration; by Friday, October 27, 2006, 7:00pm. Any Official Participant not checked-in by this deadline will be classified as an "extra delegate" and will be responsible for all of his or her expenses.

IMPORTANT NOTICE

Any judges, coaches or trainers who are not Official Participants (Athletes or Delegates) will be responsible for all of their own expenses. If your National Federation wishes to bring a judge, coach or trainer, it is recommended that your National Federation select this individual to be an Official Delegate for your National Federation; otherwise, this individual will be responsible for all of his or her own expenses. This ruling also applies to family members.

NO EXCEPTIONS WILL BE MADE UNDER ANY CIRCUMSTANCES.

SPECIAL PACKAGES

SPECIAL PACKAGE RATES FOR EXTRA DELEGATES, SUPPORTERS, MEDIA AND OTHERS

The Organizing Committee has established a **Full Special Package Rate**, which includes four (4) nights accommodations with three (3) meals per day (breakfast, lunch and dinner), tickets to the Prejudging and Finals, tickets to the Farewell Banquet, and onsite transportation* at a cost of **USD \$600 per person in a double-bedded room or USD \$900 for a single-bedded standard room.**

The Organizer has also established a **Partial Special Package Rate**, which includes tickets to the Prejudging and Finals, tickets to the Farewell Banquet, and onsite transportation* at a cost of **USD \$250.**

For more information, please contact the Organizing Committee.

**limited to transportation between the official airport and official hotel upon arrival and departure; between the Competition venue site and official hotel for Prejudging and Finals; and, where applicable, between the Farewell Banquet venue site and official hotel.*

HOTEL SECURITY DEPOSIT

A hotel security deposit of **USD \$100 PER PERSON** is required upon check-in for incidental and personal expenses that may arise (telephone, mini-bar, laundry, room service, etc.). The unused portion of this deposit will be refunded at check-out in the same currency as remitted. In order to facilitate matters, the chief delegate or team leader will be asked to provide a credit card or cash to cover the deposit for the entire team. This individual will be fully responsible for all expenses incurred by any members of his or her team. **PLEASE ADVISE YOUR TEAM BEFORE DEPARTURE NOT TO CREATE ADDITIONAL EXPENSES.**

AIRPORT

The arrival airport is the Jeju International Airport. The Organizing Committee will pick you up at the Jeju International Airport on arrival and transport you to the Official Hotel. It is very important that every National Federation provide to the Organizing Committee complete arrival details of its team, including the number of people in its delegation. **Your cooperation is essential to ensuring adequate transportation for your team.**

EARLY ARRIVALS/LATE DEPARTURES

Any National Federation, including any of its individual team members, arriving before the **Official Arrival Date of October 25, 2007** and/or staying on after the **Official Departure Date of October 29, 2007** will be responsible for all of their own expenses, including arranging their own transportation between the airport and the hotel. Accommodations before the Official Arrival Date and after the Official Departure Date will be approximately USD \$180 per day for a single or twin-bedded room. You must notify the Organizing Committee of any early arrivals and/or late departures **no later than August 31, 2007.**

IMPORTANT NOTICE

Any National Federation team members arriving before the Official Arrival Date of October 25, 2007 and/or staying on after the Official Departure Date of October 29, 2007 will be responsible for their own transportation.

FLIGHT RECONFIRMATION

To reconfirm your flight to and from Jeju, please contact the Secretariat within 24-36 hours before and after your arrival.

BODYWEIGHT CATEGORIES

CATEGORY	BODYWEIGHT
Flyweight	Up to & incl 60 kg (132 lbs)
Bantamweight	Up to & incl 65 kg (143 lbs)
Lightweight	Up to & incl 70 kg (154 lbs)
Welterweight	Up to & incl 75 kg (165 lbs)
Light-Middleweight	Up to & incl 80 kg (176 lbs)
Middleweight	Up to & incl 85 kg (187 lbs)
Light-Heavyweight	Up to & incl 90 kg (198 lbs)
Heavyweight	Up to & incl 100 kg (220 lbs)
Super-Heavyweight	Over 100 kg (220 lbs)

National Federations will be permitted to enter a team of up to a maximum of nine (9) competitors, with no more than two (2) competitors in the same category.

There is no "B" team permitted at these Championships, except for the host country. These "B" team athletes may compete for placings and awards; however, their placings will not be included in the "Best National Team Award".

WEIGH-IN and REGISTRATION

Weigh-in and Registration will take place at the Jeju Grand Hotel. It is the responsibility of the chief delegate or team leader to make sure that all athletes are on time for the Weigh-in and Registration. If an athlete is late for the Weigh-in and Registration, that athlete will be disqualified and will have to pay all of his own expenses.

IMPORTANT NOTICE

Each athlete must bring his PASSPORT and POSING MUSIC to the Weigh-in and Registration, failing which the athlete will not be processed.

IFBB REGISTRATION FEE

Each Official Participant (Athletes and Delegates, including delegates without competitors), must pay the IFBB Registration Fee of USD \$100. This fee is payable to the IFBB upon arrival at the Official Hotel in Jeju. The IFBB Registration Fee is completely separate from the hotel security deposit.

IMPORTANT NOTICE

You must pay the Hotel Security Deposit and IFBB Registration Fee BEFORE your team members are provided accommodations.

If an athlete or delegate arrives in Jeju without their Team Manager or Chief Delegate, that athlete or delegate must pay the Hotel Security Deposit and IFBB Registration Fee BEFORE a room can be assigned.

SECRETARIAT

The Organizing Committee will maintain a Secretariat at the Sapphire Banquet Room, 2nd floor of the Jeju Grand Hotel, from 10:00am, October 23, 2007 to 5:00pm, October 29, 2007. You may obtain information and assistance from the Secretariat.

BACKSTAGE ACCESS/DRESSING ROOM ACCESS

Access to the backstage and/or dressing room areas shall be strictly limited to essential personnel only. Coaches and trainers who assist athletes in the dressing room area must be of the same sex as the athlete they are assisting.

CAMERA/VIDEOTAPE EQUIPMENT

Camera and/or videotape equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by IFBB-authorized media persons and, in any event, these devices shall be strictly prohibited in the dressing room area.

PARADE OF NATIONS

The dress code for all Delegates and/or officials taking part in the Parade of Nations is the IFBB official uniform. The dress code for all athletes taking part in the Parade of Nations is posing attire. One (1) delegate and one (1) competitor per country must take part in the Parade of Nations.

NATIONAL ANTHEM/NATIONAL FLAG

All National Federations must bring with them to Jeju the music of their National Anthem (**shortened version only**) on CD. This must be on a separate CD to any posing music. All National Federations must bring with them to Jeju their National Flag. The flags must be manufactured of dense silk and must measure no more than 2.5 meters x 1.5 meters.

**Note: For all European National Federations, the EBFF already has a copy of all National Anthems on CD.*

POSING MUSIC

All posing music must be on **CD only**. The music must be at the start of the CD and must be the only music on the CD. Each competitor must affix his name on the CD for easy identification.

IMPORTANT NOTICE

**The use of profane, vulgar and/or offensive language
is strictly prohibited in posing music.**

JUDGES

In order to assist the IFBB Judges Committee in their selection of judges for this Championships, please forward your nomination for judges from your National Federation as soon as possible but no later than **October 15 , 2007** to:

Pawel Filleborn
Chairman
IFBB Judges Committee
Fax: +48 22 642 73 51
E-mail: p.filleborn@neostrada.pl

PLEASE DO NOT FAX YOUR NOMINATIONS TO IFBB HEADQUARTERS.

The names of those judges submitted in advance will receive priority consideration. All international judges must bring their international judge's cards to Jeju.

IMPORTANT NOTICE

**All judges must attend the Judges/Team Managers meeting. If a judge is
absent from this meeting, he or she will not judge.**

GREEN CARDS

Green cards, used to limit access to the Weigh-in and backstage area during the Prejudging and Finals, will be distributed at the Judges/Team Managers Meeting as follows:

five (5) or more competitors - two (2) green cards
less than five (5) competitors - one (1) green card

DOPING CONTROLS

Doping controls will be conducted by the IFBB Medical Commission pursuant to the IFBB Anti-Doping Rules and IFBB Anti-Doping Directive 2006-001 using the WADA accredited laboratory in Seoul.

In order to compete in the Championships, all competitors at the Weigh-in and Registration will be required to sign a *Doping Control Consent & Waiver of Liability Form*.

IMPORTANT NOTICE

Doping controls may be conducted using any or all of the following methods:

- 1. *Random Selection:* A number of athletes selected at random throughout the event e.g. at Weigh-in.**
- 2. *Weighted Selection:* A number of athletes selected at random from among the top finalists e.g. at Finals**

**The IFBB reserves the right to Target Test any athlete*

The IFBB is a Signatory to the WADA Code. Participating National Federations have a duty and an obligation to ensure that their National Team athletes are competing drug-free at IFBB international competitions.

 **DRUG TESTING CONSENT & WAIVER OF LIABILITY FORM**

 **DOPING CONTROL PROCEDURES: THE ATHLETE'S GUIDE**

VISAS

A valid passport is required for entry into the Republic of Korea. Please consult the Republic of Korea Embassy in your country to determine if you need a visa. An Official Letter of Invitation will be made available if required.

 **OFFICIAL LETTER OF INVITATION**

TIME DIFFERENCE

GMT +9 hours

CURRENCY

The national currency in the Republic of Korea is the Korean Won (abbreviated KRW). One USD is approximately equal to 955 Won but the rates can fluctuate. All major credit cards are widely accepted at most major hotels, department stores and restaurants. You may be requested to show your passport.

CLIMATE

During the month of October, the average temperature is 14 ° C.

ELECTRICAL CURRENT

Two electrical currents (110 volts and 220 volts) are used in the Republic of Korea, with a

large number of tourist hotels having 220-volt outlets. Please make sure to check the socket's voltage before plugging in any electrical equipment.

LANGUAGE

The official language in Jeju is Korean. English is widely spoken in hotels, restaurants, shopping centers and tourist areas.

TRAINING FACILITY

There is a fully-equipped training facility within the Official Hotel, located on the 2nd floor.

MEDIA ACCREDITATION

All media accreditation, accept local media, shall be controlled by the IFBB. All persons wishing to obtain media accreditation for this event must register with the IFBB by completing and signing an IFBB Media Accreditation Form, said form which must be remitted to the IFBB by e-mail at info@ifbb.com **no later than September 25, 2007**.

 **IFBB MEDIA ACCREDITATION FORM**

ATHLETES WITHOUT DELEGATES

All Athletes competing at IFBB World Championships must be Members in Good Standing of their National Federations. Any Athlete who arrives without a Delegate must carry an **Official Letter of Authorization of Participation** from his National Federation, failing which the Athlete will not be allowed to participate.

FAILURE TO HONOR FINAL ENTRY FORM DEADLINE

Deadlines are set to assist the Organizer with arranging accommodations, meals, onsite transportation and other Championship activities. A failure to respect these deadlines is a breach of *IFBB Rules*.

If a National Federation fails to respect the deadline written on the Final Entry Form, each "Official Participant" from that federation will be required to pay all of his or her own expenses, including accommodations, meals, onsite transportation, and access to the Prejudging, Finals and Farewell Banquet.

MISREPRESENTATION

Misrepresentation is a serious breach of the *IFBB Code of Ethics* and occurs when an "official" of a National Federation deliberately misrepresents the number of Athletes and Delegates so as to obtain free-of-charge accommodations, meals, onsite transportation, access to the Prejudging, Finals and Farewell Banquet, and other amenities at the expense of the Organizer.

Part of this misrepresentation may be a false claim that a person is an Athlete only to have that so-called Athlete fail to officially register as a competitor at the Weigh-in or, once having officially registered, fail to compete.

Any National Federation found guilty of misrepresentation will be immediately disqualified from the Championships and will be fined an amount equal to the Special Package Rate for each person involved.

MEDICAL WITHDRAWAL

Once officially registered, no Athlete may withdraw from competition without the prior approval of the IFBB Chief Judge. It is not acceptable for a National Federation to unilaterally withdraw an Athlete without the prior approval of the IFBB Chief Judge, who has the right to verify the reason for the withdrawal.

Any National Federation that fails to seek the prior approval of the IFBB Chief Judge before withdrawing an Athlete shall, for that Athlete's non-participation, be fined an amount equal to the Special Package Rate.

ATTENDANCE AT THE IFBB INTERNATIONAL CONGRESS

It is the duty and responsibility of each National Federation to ensure that it is represented at the IFBB International Congress meeting. All National Federations officially participating in the Championships must also attend the Congress, including National Federations with athletes and no delegates. In this case, the athlete must attend and represent his country at the Congress.

IMPORTANT NOTICE

A National Federation that is officially registered as participating in the Championships and that fails to attend the IFBB International Congress will be fined an amount equal to the Special Package Rate for each member of the National Team.

CORRESPONDENCE/CONTACT INFORMATION

Please send all correspondence to:

Korea Bodybuilding Federation
#88-2 Olympic Gym No.2 Oryun-Dong, Songpa-Gu
Seoul, Republic of Korea
Phone: +82 2 3431 4523
Mobile: +82 10-4845 6781 (Ms. Kim Eun Hee)
Fax: +82 2 3431 4524
Email: risky1004@hanmail.net and kindly c.c. to jbbf2007@yahoo.co.kr

Please copy all correspondence to:

Datuk Paul Chua
IFBB Vice President for Asia
35 Tannery Road
Ruby Industrial Complex, Tannery Block #04-01
Singapore 347740

Phone: +65 6748 6970
Fax: +65 6747 9846
E-mail: abbfasia@yahoo.com.sg

TENTATIVE SCHEDULE OF ACTIVITIES

The following schedule of activities is tentative and is therefore subject to change. Please check regularly for updates:

DATE	TIME	ACTIVITY
Wednesday October 24	0000-2400	Official Arrival Date for IFBB Executive Council members at Jeju Grand Hotel
	1200-1400	Lunch
	2000-2200	Welcome reception for IFBB Executive Council members hosted by Special Self-Governing Province of Jeju
Thursday October 25		Official Arrival Date for Athletes and Delegates at Jeju Grand Hotel
	0700-0930	Breakfast, Jade Banquet Hall (2nd Flr)
	1200-1400	Lunch, Jade Banquet Hall (2nd Flr)
	1500	IFBB Executive Council Meeting, Amethyst Room (2nd Flr)
	1900-2200	Dinner (Athlete & Delegates), Jade Banquet Hall (2nd Flr)
		Special Dinner for IFBB Executive Council members and invited guests
Friday October 26	0630-0930	Breakfast, Jade Banquet Hall (2nd Flr)
	1000	Technical Meeting, Crystal Banquet Hall (2nd Flr)
	1100	Judges & Team Managers Meeting, Crystal Banquet Hall (2nd Flr)
	1200-1400	Lunch, Jade Banquet Hall (2nd Flr)
	1800	WEIGH-IN , Crystal Banquet Hall (2nd Flr)
	1900-2200	Dinner, Jade Banquet Hall (2nd Flr)
Saturday October 27	0630-0930	Breakfast, Jade Banquet Hall (2nd Flr)

	1000	PREJUDGING , Jeju Halla Stadium
	1200	Lunch (packaged lunches for all athletes and delegates at the Jeju Halla Stadium)
	1900-2200	Dinner, Jade Banquet Hall (2nd Flr)
Sunday October 28	0630-0930	Breakfast, Jade Banquet Hall (2nd Flr)
	0930	IFBB International Congress, Crystal Banquet Hall (2nd Flr)
	1200-1400	Lunch, Jade Banquet Hall (2nd Flr)
	1630	FINALS , Jeju Halla Stadium
	2130-2400	Farewell Banquet, Pine Garden (outside Jeju Grand Hotel)
	0630-0900	Breakfast, Jade Banquet Hall (2nd Flr)
Monday October 29	0600-1200	Official Departure Date Check out and departure of all participants

PRELIMINARY ENTRY FORM

The deadline date for the Preliminary Entry Form is **August 27, 2007**. National Federations must return the Preliminary Entry Form to the Organizing Committee as soon as possible but not later than deadline date, confirming your federation's intent to participate. If at this time you do not know the actual names of the Official Participants (Athletes and Delegates, including judges), please indicate the total number of individuals from your National Federation who will participate in the Championships.

FINAL ENTRY FORM

The deadline date for the Final Entry Form is **October 15, 2007**. National Federations must submit the actual names of all Official Participants (Athletes by weight category and Delegates, including judges). You must also include flight arrival and departure information. In order to guarantee hotel accommodations for your team, the Final Entry Form must be returned not later than the deadline date. Your co-operation is essential to ensuring your accommodations at the hotel and adequate transportation for your team.



**PRELIMINARY ENTRY
FORM**



FINAL ENTRY FORM



**PRELIMINARY ENTRY
FORM**



FINAL ENTRY FORM

IMPORTANT NOTICE

It is the responsibility of the president or general-secretary of each participating National Federation to ensure that all National Team members (athletes, delegates, extra delegates) are fully aware of the rules and regulations governing participation at these Championships, to include the statements contained within this Inspection Report.

If any of your athletes and/or delegates are traveling and arriving separate from your Team Manager or Chief Delegate, you must ensure they are familiar with the rules and regulations contained within the Inspection Report.