

RAFAEL SANTONJA GOMEZ (BRIEF CURRICULUM VITAE)

Academic

Pharmaceutical by the Complutense University of Madrid
Doctorate in Nutrition
Member of the Board of the American Anti-Aging Academy and International Anti-Aging Academy
Member of the Spanish Bromatology Society
Author of many books plus more than 100 articles and essays about nutrition
Symposiums speaker and scientific meetings in different countries
President of the Anti-Aging International Congress in Madrid

Distinctions

President of the Spanish Association of Bodybuilding 1982/1990
Honour Medal of the Syrian Olympic Committee 1994
Honour Medal of the Pan-American Sports Organization Congress 1996
Honour Guest of the City of San Pedro Sula (Honduras 1997)
Honour Citizen and City Keys of Ambato (Ecuador)
Honour Guest and Medal of the City of Casablanca (Morocco)
National Academy of Sports Medicine USA Award
Gold Medal of the International Federation of Bodybuilding
Medal of the Bratislava University (Slovakia)
Honour Guest of the City of San Petersburg
Medal of the City of Tyumen (Siberia)
Medal of the Youth Ministry of Jordan
Ambassador at large of Guam
Distinguished guest of the City of Santiago de Cali (Colombia)
Medal of the Slovakian Parliament
Medal of the El Salvador Olympic Committee
Distinguished guest of the City of Guatemala
Commendation of Guam Senate
Medal of the Honduras Olympic Committee
Medal of the Uruguayan Olympic Committee
Keys of the city of Yangon-Rangum

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Sports

President of the Spanish Association of Bodybuilding 1982/1990

Vice president of the Spanish Weight-Lifting Federation 1988/1992

President of the Spanish Weight-Lifting Federation 1992/2001

Spanish Olympic Committee Member since 1993

Member of the Antidoping National Commission (March 1997)

Judges Committee Secretary of the International Federation of Bodybuilding (IFBB) 1985/1990

Judges Committee Chairman of the International Federation of Bodybuilding (IFBB) since 1990

Vice president of the International Federation of Bodybuilding since 1985

Executive Assistant to the President of the International Federation of Bodybuilding since 1985

IFBB representative in the General Assembly of International Sports Federations (Monte Carlo), since 1987

IFBB representative in the International Olympic Committee

Chairman of the organising committee of twelve IFBB World Men, Women, Junior and Masters Championships organized in Spain since 1987