



**International Federation of Bodybuilding & Fitness**

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## PRELIMINARY ENTRY FORM

### 59<sup>TH</sup> IFBB MEN'S WORLD AMATEUR BODYBUILDING CHAMPIONSHIPS

Shanghai, China, November 23-28, 2005

In order to assist in the planning and organization of these Championships, please complete the Preliminary Entry Form and return it to the Organizing Committee AS SOON AS POSSIBLE BUT NO LATER THAN SEPTEMBER 24, 2005.

**PLEASE PRINT CLEARLY**

FEDERATION NAME: \_\_\_\_\_

FEDERATION CONTACT PERSON: \_\_\_\_\_

FAX NUMBER: \_\_\_\_\_ E-MAIL: \_\_\_\_\_

Our Federation is planning to participate in the 59<sup>th</sup> IFBB Men's World Amateur Bodybuilding Championships. Please indicate "YES" or "NO". Yes \_\_\_\_\_ No \_\_\_\_\_

NUMBER OF DELEGATES: \_\_\_\_\_ NUMBER OF ATHLETES: \_\_\_\_\_

NUMBER OF EXTRA DELEGATES AND SUPPORTERS: \_\_\_\_\_

Please be advised that there will be eight (8) bodyweight categories at these Championships as follows: Flyweight (<60kg), Bantamweight (<65kg), Lightweight (<70kg), Welterweight (<75kg), Light-Middleweight (<80kg), Middleweight (<85kg), Light-Heavyweight Men (<90kg), and Heavyweight Men (>90kg).

Each National Federation may send up to a maximum of eight (8) athletes. A maximum of two (2) athletes per bodyweight category is permitted.

**IMPORTANT:** Three (3) or more athletes – two (2) official delegates permitted. Less than three (3) athletes – one official (1) delegate permitted. National Federations with no athletes may send one (1) official delegate; however, this delegate will be responsible for all of his or her expenses. Any judges, coaches, or trainers who are not official delegates will be responsible for all of their expenses.

**PLEASE RETURN THE PRELIMINARY ENTRY FORM, INDICATING YOUR INTENT TO PARTICIPATE OR NOT, NO LATER THAN SEPTEMBER 24, 2005, TO:**

Send the Preliminary Entry Form to:

Ms. Guo Jiaru  
Shanghai Bodybuilding Association  
No. 150, Nanjingxi Road,  
Shanghai City - Postal Code 20003  
People's Republic of China  
Tel: (8621) 64395105  
Fax: (8621) 64396295  
E-mail: [shise@online.sh.cn](mailto:shise@online.sh.cn)

Please copy all correspondence to:

Datuk Paul Chua  
IFBB Vice President Asia  
35 Tannery Road, #04-01  
Ruby Industrial Complex  
Tannery Block  
Singapore 347740  
Tel: (65) 67470635 or (65) 67470636  
Fax: (65) 67479846  
E-mail: [paulchuaweider@yahoo.com.sg](mailto:paulchuaweider@yahoo.com.sg)