



International Federation of Bodybuilding & Fitness

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PRELIMINARY ENTRY FORM

IFBB WOMEN'S WORLD BODYBUILDING, FITNESS & BODY FITNESS CHAMPIONSHIPS and IFBB MEN'S WORLD FITNESS CHAMPIONSHIPS

Santa Susanna, Spain, September 21-25, 2006

In order to assist in the planning and organization of these Championships, please complete the Preliminary Entry Form and return it to the Organizing Committee AS SOON AS POSSIBLE BUT NO LATER THAN JULY 22, 2006.

PLEASE PRINT CLEARLY

FEDERATION NAME: _____

FEDERATION CONTACT PERSON: _____

FAX NUMBER: _____ E-MAIL: _____

Our Federation is planning to participate in the **IFBB WOMEN'S WORLD BODYBUILDING, FITNESS & BODY FITNESS CHAMPIONSHIPS** and **IFBB MEN'S WORLD FITNESS CHAMPIONSHIPS**. Please indicate "YES" or "NO". Yes _____ No _____

NUMBER OF DELEGATES: _____ NUMBER OF ATHLETES: _____

NUMBER OF EXTRA DELEGATES AND SUPPORTERS: _____

Please be advised that there will be ten (10) categories at these Championships as follows: Bodybuilding (-52kg), Bodybuilding (-57kg), Bodybuilding (+57kg), Fitness (-164cm), Fitness (+164cm), Body Fitness (-158cm), Body Fitness (-163cm), Body Fitness (-168cm), Body Fitness (+168cm), Men's Fitness (open).

Each National Federation may enter an "A" team of up to a maximum of ten (10) athletes (nine (9) female athletes and one (1) male athlete). A maximum of two (2) "A"-team athletes per category per National Federation is permitted. Each National Federation may enter a "B" team of up to a maximum of seven (7) athletes: two (2) fitness, four (4) body fitness and one (1) men's fitness. A maximum of two (2) "B"-team athletes per category per National Federation is permitted.

IMPORTANT: Three (3) or more athletes – two (2) official delegates permitted. Less than three (3) athletes – one official (1) delegate permitted. National Federations with no athletes may send one (1) official delegate; however, this delegate will be responsible for all of his or her expenses. Any judges, coaches, or trainers who are not official delegates will be responsible for all of their expenses.

PLEASE RETURN THE PRELIMINARY ENTRY FORM, INDICATING YOUR INTENT TO PARTICIPATE OR NOT, NO LATER THAN JULY 22, 2006, TO:

Send the Preliminary Entry Form to:

Spanish Federation of Bodybuilding and Fitness

Mr. José Ramos

PRESIDENT

Mrs. Marianna Gallova

OFFICIAL SECRETARY

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Please copy all correspondence to:

International Federation of Bodybuilding & Fitness (IFBB)

Rafael Santonja

IFBB EXECUTIVE ASSISTANT TO THE PRESIDENT

CHAIRMAN, IFBB JUDGES COMMITTEE

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Please visit www.ifbb.com for detailed information on this event.