



**International Federation of Bodybuilding & Fitness**

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## PRELIMINARY ENTRY FORM

**IFBB WOMEN'S WORLD AMATEUR BODYBUILDING, FITNESS & BODY FITNESS CHAMPIONSHIPS  
and MEN'S FITNESS WORLD CUP III**  
Santa Susanna, Spain, September 22-26, 2005

In order to assist in the planning and organization of these Championships, please complete the Preliminary Entry Form and return it to the Organizing Committee AS SOON AS POSSIBLE BUT NO LATER THAN JULY 21, 2005.

PLEASE PRINT CLEARLY

FEDERATION NAME: \_\_\_\_\_

FEDERATION CONTACT PERSON: \_\_\_\_\_

FAX NUMBER: \_\_\_\_\_ E-MAIL: \_\_\_\_\_

Our Federation is planning to participate in the **WOMEN'S WORLD AMATEUR BODYBUILDING, FITNESS & BODY FITNESS CHAMPIONSHIPS** and **MEN'S FITNESS WORLD CUP III**. Please indicate "YES" or "NO". Yes \_\_\_\_\_ No \_\_\_\_\_

NUMBER OF DELEGATES: \_\_\_\_\_ NUMBER OF ATHLETES: \_\_\_\_\_

NUMBER OF EXTRA DELEGATES AND SUPPORTERS: \_\_\_\_\_

Please be advised that there will be nine (9) categories at these Championships as follows: Lightweight Bodybuilding (-52kg), Middleweight Bodybuilding (-57kg), Heavyweight Bodybuilding (+57kg), Fitness (-164cm), Fitness (+164cm), Body Fitness (-158cm), Body Fitness (-164cm), Body Fitness (+164cm), Men's Fitness (open).

Except as noted in the IFBB Advisory Notice regarding the "B" team, each National Federation may send up to a maximum of nine (9) athletes (eight female athletes and one male athlete). A maximum of two (2) athletes per bodyweight category is permitted.

IMPORTANT: Three (3) or more athletes – two (2) official delegates permitted. Less than three (3) athletes – one official (1) delegate permitted. National Federations with no athletes may send one (1) official delegate; however, this delegate will be responsible for all of his or her expenses. Any judges, coaches, or trainers who are not official delegates will be responsible for all of their expenses.

**PLEASE RETURN THE PRELIMINARY ENTRY FORM, INDICATING YOUR INTENT TO PARTICIPATE OR NOT, NO LATER THAN JULY 21, 2005, TO:**

Send the Preliminary Entry Form to:

**Spanish Federation of Bodybuilding and Fitness**

Mr. José Ramos

PRESIDENT

Mrs. Marianna Gallova

OFFICIAL SECRETARY

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Please copy all correspondence to:

**International Federation of Bodybuilding & Fitness (IFBB)**

Rafael Santonja

IFBB EXECUTIVE ASSISTANT TO THE PRESIDENT

CHAIRMAN, IFBB JUDGES COMMITTEE

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