



European Bodybuilding & Fitness Federation
Calle Jaén,8 – Madrid - Tel: (34) 91 535 2819 Fax: (34) 91 535 0320
E-mail: internacional@santonja.com Website: www.ifbb.com

PRELIMINARY ENTRY FORM

European Women and Men Fitness Championships

Skopje, Macedonia, May 23-26, 2008

In order to assist in the planning and organization of these Championships, please complete the Preliminary Entry Form and return it to the Organizing Committee AS SOON AS POSSIBLE BUT NO LATER THAN MARCH 25, 2008.

PLEASE PRINT CLEARLY

FEDERATION NAME: _____

FEDERATION CONTACT PERSON: _____

FAX NUMBER: _____ E-MAIL: _____

Our Federation is planning to participate in the **European Women and Men Fitness Championships.**

Please indicate "YES" or "NO". Yes _____ No _____

NUMBER OF DELEGATES: _____ NUMBER OF ATHLETES: _____

NUMBER OF EXTRA DELEGATES AND SUPPORTERS: _____

Please be advised that there will be nine (9) categories at these Championships as follows: Bodybuilding (-55kg), Bodybuilding (+55kg), Fitness (-163cm), Fitness (+163cm), Body Fitness (-158cm), Body Fitness (-163cm), Body Fitness (-168cm), Body Fitness (+168cm), Men's Fitness (open).

Each National Federation may enter an "A" team of up to a maximum of nine (9) athletes (eight (8) female athletes and one (1) male athlete). A maximum of two (2) "A"-team athletes per category per National Federation is permitted. Each National Federation may enter a "B" team of up to a maximum of nine (9) athletes: two (2) bodybuilding, two (2) fitness, four (4) body fitness and one (1) men's fitness. A maximum of two (2) "B"-team athletes per category per National Federation is permitted.

IMPORTANT: Three (3) or more athletes – two (2) official delegates permitted. Less than three (3) athletes – one official (1) delegate permitted. National Federations with no athletes may send one (1) official delegate; however, this delegate will be responsible for all of his or her expenses. Any judges, coaches, or trainers who are not official delegates will be responsible for all of their expenses.

PLEASE RETURN THE PRELIMINARY ENTRY FORM, INDICATING YOUR INTENT TO PARTICIPATE OR NOT, NO LATER THAN MARCH 25TH, 2008, TO:

Send the Final Entry Form to:

National Federation of Bodybuilding & Fitness of Macedonia
Mr. Boban Gjoroski
E-mail: bobangjoroskiherkules@hotmail.com

Please copy all correspondence to:

International Federation of Bodybuilding & Fitness (IFBB)
Rafael Santonja
IFBB PRESIDENT
Tel: +34 91 535 2819
Fax: +34 91 535 0320
E-mail: internacional@santonja.com
Web: www.ifbb.com

Please visit www.ifbb.com for detailed information on this event.