

International IFBB AUSTRIA CUP 2009

October 25th (Sunday)
Vienna, Haus der Begegnung,
Angernerstraße 14, 1210 Vienna

Date: October 25th, 2009

Organiser: Austrian Amateur Bodybuilding and Fitness Federation
(AABFF/IFBB-Austria)

Venuesite: Vienna, Haus der Begegnung,
Angernerstraße 14, 1210 Vienna

Weigh in: 10.00 – 12.00

Competition: Prejudging: 12.00; Finals: 17.00

Send the entry form: not later than 15th of October 2009.

to: Mr. Mario Volpe

Fax: 00-43 (1)89 45 739

E-mail: ifbb.austria@gmx.at

WEBSITE:<http://www.ifbb-austria.at/>

Categories:

<u>Junior Men Bodybuilding</u>	-75 kg +75 kg
<u>Junior Men Classic Bodybuilding</u>	- open
<u>Men Bodybuilding</u>	-75kg/-80kg/-90kg/-100kg/+100kg
<u>Men Classic Bodybuilding</u>	-175cm/-180cm/+180cm
<u>Men Fitness</u>	open
<u>Masters Men Bodybuilding</u>	40 – 49 years: -80kg/-90kg/+90kg 50 - 59 years: open Over 60 years: open
<u>Master Men Classic Bodybuilding</u>	open
<u>Wheelchair</u>	open

<u><i>Junior Women Bodyfitness</i></u>	open
<u><i>Women Bodybuilding</i></u>	open
<u><i>Women Fitness</i></u>	open
<u><i>Women Bodyfitness</i></u>	-163cm/+163cm
<u><i>Masters Women Bodyfitness</i></u>	open

Rewards: Certificates for all finalists, cup for first 3 of each category, supplements for first 3 of each category

Entrance tickets: Prejudging: € 10.-,
Prejudging + Finals : € 30.-, € 25.-, € 20.-, € 15.-

**Entry format for the
International IFBB Austria Cup 2009**

25th of October 2009

Country ----- :

Organizer: Austrian Amateur Bodybuilding and Fitness Federation (AABFF), Member of the IFBB/EBFF

	Surname	First Name	Date of Birth	Category
1				
2				
3				
4				
5				

Coach(es) for male competitors

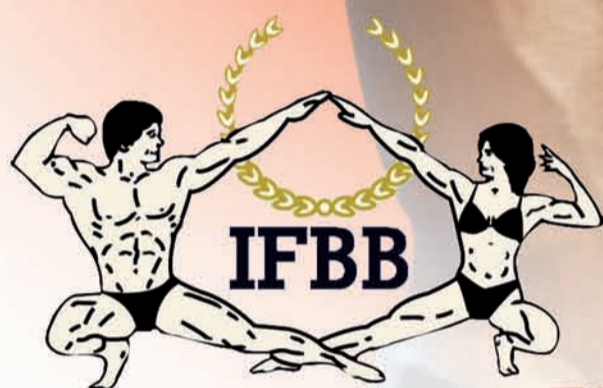
	<i>Surname</i>	<i>First Name</i>
1		
2		
3		
4		

Coach(es) for female competitors

	<i>Surname</i>	<i>First Name</i>
1		
2		

Judges

	<i>Surname</i>	<i>First Name</i>
1		
2		



Internationaler

IFBB Österreich Cup

25. Oktober 2009

Haus der Begegnung
Angererstraße 14 in 1210 Wien

Veranstalter: Österreichische Amateur Bodybuilding und Fitness Föderation

Abwaage um 10 Uhr • Vorwahl um 12 Uhr • Finale um 17 Uhr

Anmeldung und Auskünfte unter Email: ifbb.austria@gmx.at oder Telefon & Fax: 01/8945739

Eintrittspreise: Vorkämpfe 10,- Euro • Kombikarte Vorkämpfe u. Finale : 30,- / 25,- / 20,- / 15,- Euro

Ticket Vorverkauf bei:

ALL STARS Österreich Dr. Wolfgang Schober
3125 Statzendorf 72, Telefon 0664/96 88 740, Email info@all-stars.at

Firma SPORTNAHRUNG Johannes Mitteregger
1040 Wien, Favoritenstraße 44, Telefon 01/503 68 08, Email wien@sportnahrung.at
1210 Wien, Pragerstraße 1 (Floridsdorfer Spitz), Telefon 01/271 14 44, Email wiennord@sportnahrung.at
8055 Graz, Triesterstraße 391, Einkaufspark Puntigam, Telefon 0316/29 65 27, Email order@sportnahrung.at
4060 Linz-Leonding, Meixnerstraße 2, Telefon 0732/67 51 48, Email linz@sportnahrung.at

Shopping City Süd — Multiplex, 2334 Vösendorf, Telefon 0043/2236/67 70 46, Email scs@sportnahrung.at

FITFABRIK WIEN, 1220 Wien, Maculngasse 1, Telefon 01/890 49 00, Email fitness@fitfabrik.at



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