



# IFBB

International Federation of Bodybuilding and Fitness



## THE ARNOLD AMATEUR IFBB INTERNATIONAL BODYBUILDING, FITNESS and BODYFITNESS CHAMPIONSHIPS

COLUMBUS, OHIO, UNITED STATES of AMERICA, 5th March 2009

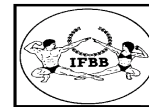
### R E S U L T S

All ties are broken using the Relative Placement method. Ties in the "Final Score" are broken using the athlete's Final Round score.

FINAL Place	COMPETITORS			SEMI FINAL SCORE ROUND 1	FINAL SUB SCORE ROUND 2	FINAL SUB SCORE ROUND 3	FINAL SCORE ROUND 2+3
	No.:	NAME	Country				
<i>Category: Men's Bodybuilding up to &amp; inkl. 65kg</i>							
1.	33	Bernabe Ramirez Balbuena, MX	Mexico	5	10	7	17
2.	35	Denis Pedneault, CA	Canada	10	20	8	28
3.	37	Jason Ste. Marie, CA	Canada	15	30	15	45
4.	36	Lowell Starr, US	U.S.A	20	40	20	60

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FINAL Place	COMPETITORS			SEMI FINAL SCORE ROUND 1	FINAL SUB SCORE ROUND 2	FINAL SUB SCORE ROUND 3	FINAL SCORE ROUND 2+3
	No.:	NAME	Country				
<i>Category: Men's Bodybuilding up to &amp; inkl. 70kg</i>							
1.	44	Jose Javier Reynoso, MX	Mexico	10	10	5	15
2.	38	Leo D'Adderio, FR	France	5	20	10	30
3.	39	Chantha Yun, US	U.S.A.	20	34	17	51
4.	45	Kob Yan, US	U.S.A.	15	36	17	53

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FINAL Place	COMPETITORS			SEMI FINAL SCORE ROUND 1	FINAL SUB SCORE ROUND 2	FINAL SUB SCORE ROUND 3	FINAL SCORE ROUND 2+3	
	No.:	SURNAME	Given name					Country
<i>Category: Men's Bodybuilding up to &amp; inkl. 75kg</i>								
1.	61	Danny Cacchirillo, CA		Canada	8	14	6	<b>20</b>
2.	46	Mauricio Garza Garza, MX		Mexico	7	16	10	<b>26</b>
3.	56	Alessandro Zuccaro, IT		Italy	15	30	13	<b>43</b>
4.	58	Montaser Zaki Mahmoud Genidy		Egypt	22	44	23	<b>67</b>
5.	49	Andrew Awak, US		U.S.A.	22	46	22	<b>68</b>
6.	47	Darren Taylor, US		U.S.A.	30			
7.	57	Brandon Abidin, US		U.S.A.	35			
8.	59	Rodrigo Scardini Silveira, BR		Brazil	41			
9.	72	Beano Wallace, US		U.S.A.	42			
10.	55	Josh Sizemore, US		U.S.A.	50			

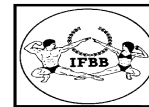
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FINAL Place	COMPETITORS			SEMI FINAL SCORE ROUND 1	FINAL SUB SCORE ROUND 2	FINAL SUB SCORE ROUND 3	FINAL SCORE ROUND 2+3	
	No.:	NAME	Country					
<i>Category: Men's Bodybuilding up to &amp; inkl. 85kg</i>								
1.	71	Charles Mario Soares, BR		Brazil	5	10	5	<b>15</b>
2.	70	Angel Manuel Rangel Vargas, MX		Mexico	10	20	10	<b>30</b>
3.	65	Peter Lagermand, DK		Denmark	15	32	15	<b>47</b>
4.	62	Victor Javier Senovilla Cuellar, ES		Spain	20	40	23	<b>63</b>
5.	63	John Durante, US		U.S.A.	27	44	21	<b>65</b>
6.	50	Esequiel Alves Conceicao, BR		Brazil	28			
7.	66	Ashraf Mohamed Hussein Mammoud		Egypt	33			
8.	67	Moji Oluwa, US		U.S.A.	40			
9.	75	Tony D'Arceneaux, US		U.S.A.	45			



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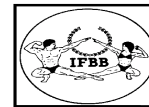
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FINAL Place	COMPETITORS			SEMI FINAL SCORE ROUND 1	FINAL SUB SCORE ROUND 2	FINAL SUB SCORE ROUND 3	FINAL SCORE ROUND 2+3
	No.:	NAME	Country				
<i>Category: Men's Bodybuilding up to &amp; inkl. 90kg</i>							
1.	138	Kamal Abdulsalam Abdulrahman, QA	Qatar	17	14	8	22
2.	101	Shaun Joseph Tavernier, UK	United Kingdom	9	18	13	31
3.	77	Grechukhov Vitaliy, UA	Ukraine	11	34	12	46
4.	90	Dmitry Klimov, RU	Russia	24	36	18	54
5.	73	Raul Martinez, US	U.S.A.	22	46	24	70
6.	74	Thomas Askeland, NO	Norway	25			
7.	136	Molines Luc	France	31			
8.	91	Antonio Francisco Diaz Lopez, MX	Mexico	43			
9.	114	Mauricio Peters	Chile	47			
10.	85	Daniele Furiosi, IT	Italy	50			
11.	79	Bill Ayoubi, US	U.S.A.	55			
12.	94	Josep Merino, ES	Spain	60			
13.	82	David Cutler, AU	Australia	66			
14.	86	Omar Garcia, US	U.S.A.	68			
15.	96	Jose Miguel Ponce Muino, AR	Argentina	74			
16	97	Marvin Mitchell Rael Nagelbloem, NL	Netherlands	79			
16	80	Chuck Biggio, US	U.S.A.	80			
16	81	Jonathan Bradley, US	U.S.A.	80			
16	83	Carlos Deleon, US	U.S.A.	80			
16	84	Mohamad Elzaghir, US	U.S.A.	80			
16	88	Pawel Jablonski, PL	Poland	80			
16	89	Abhishek Krishnan, IN	India	80			
16	93	Casimir McNair, US	U.S.A.	80			
16	99	Brian Strock, US	U.S.A.	80			



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16	100	Johnathan Sweet, US	U.S.A.	80			
16	102	Luis Manuel Lomeli Alonso, MX	Mexico	80			
16	104	Juan Manuel, US	U.S.A.	80			

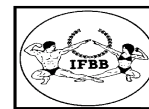
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	No.:	NAME	Country				
<i>Category: Men's Bodybuilding up to &amp; inkl. 100kg</i>							
1.	123	Pavel Kirilenko, RU	Russia	8	12	5	17
2.	121	Pablo Eliodoro Ayala Zayas, PY	Paraguay	16	26	11	37
3.	112	Michael Kefalianos, AU	Australia	12	28	15	43
4.	92	Andrzej Maszewski, PL	Poland	12	40	19	59
5.	118	Glayson Souto, BR	Brazil	27	46	24	70
6.	109	Robin Clifford Sylvester Brantz, NL	Netherlands	33			
7.	108	Joshua Bergeron, US	U.S.A	33			
8.	116	Joel Pascua, NO	Norway	39			
9.	51	Franco Exequiel Dominguez, AR	Argentina	49			
10.	105	Benjamin Asmann, US	U.S.A	53			
11.	113	Klaus Ladegaard, DK	Denmark	55			
12.	115	Saiid Tejan Kamara	U.S.A	56			
13.	122	Brandon Beckrich, US	U.S.A	63			
14.	119	Randy Stamper, US	U.S.A	69			
15.	117	Humberto Pena Rodriquez, MX	Mexico	74			



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	No.:	NAME	Country				
<i>Category: Men's Bodybuilding over 100kg</i>							
1.	125	Egberton Rulove Etienne Winklaar, NL	Netherlands	5	10	5	15
2.	137	Lionel Beyeke		14	24	11	35
3.	126	Julio Cesar Balestrim, BR	Brazil	15	26	14	40
4.	124	Jaime Atienza, ES	Spain	22	42	23	65
5.	135	Alvin Small, UK	United Kingdom	23	46	20	66
6.	133	Marek Olenjniczak, PL	Poland	27			
7.	127	Kravchenko Bogdan, UA	Ukraine	38			
8.	134	Denis Peltroche Silva, PE	Peru	42			
9.	140	Alexandre Nataf, FR	France	43			
10.	128	Constantino Galeazzo, IT	Italy	46			
11.	131	Josh Lewis, US	U.S.A.	57			
12.	139	Guy Malam		59			
13.	130	Samuel Helgesen, NO	Norway	62			

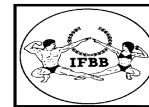
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FINAL Place	COMPETITORS		
	No.:	NAME	Country
<i>Category: M E N ' S B O D Y B U I L D I N G O V E R A L L</i>			



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1.	125	Egberton Rulove Etienne Winklaar, NL	Netherlands	
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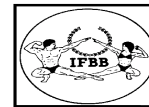
<i>Category: Wome's Bodyfitness (Figure) Category A</i>							<i>points</i>
1.	23	Nicole Coleman, US		U.S.A.			8
2.	26	Juana Guadalupe Esparza Guerra, MX		Mexico			10
3.	27	Gloria Keplinger, US		U.S.A.			17
4.	29	Sara Schumann, US		U.S.A.			19
5.	21	Lindsey Bundy, US		U.S.A.			26
6.	25	Tina Francis, US		U.S.A.			28
7.	24	Kelli Ann Correa, US		U.S.A.			31
8.	30	Joni Starkey, US		U.S.A.			40

<i>Category: Women's Bodyfitness (Figure) Category B</i>							<i>Points</i>
1.	37	Jayne Galloway, CA		Canada			5
2.	34	Rachel Delmotte, US		U.S.A.			10
3.	31	Christina Rieder, US		U.S.A.			15
4.	48	Claudia Sofronia, US		U.S.A.			20
5.	43	Stephanie Martini, US		U.S.A.			27
6.	44	Heather Misra, US		U.S.A.			33
7.	38	Tracy Grogg, US		U.S.A.			35
8.	40	Jennifer Kaye, CA		Canada			41
9.	42	Christine Lanois, CA		Canada			42
10.	47	Giada Simari, IT		Italy			48
11.	49	Jill Vadala, US		U.S.A.			55
12.	41	Romina Laura Lameiro, AR		Argentina			63
13.	46	Agata Radziwoniuk, PL		Poland			65
14.	45	Shelley Oplotnik, US		U.S.A.			68
15.	33	Lorna Cavin, US		U.S.A.			73
16.	50	Jennifer Wilson, US		U.S.A.			80



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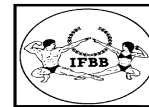
R E S U L T S

<i>Category: Women's Bodyfitness (Figure) Category C</i>							<i>Points</i>
1.	63	Shonda Lewis, US		U.S.A.			7
2.	55	Nina Cash, US		U.S.A.			10
3.	74	Nancy Tremblay, US		U.S.A.			14
4.	52	Ivonne Acosta, US		U.S.A.			22
5.	76	Stacey Walker, AU		Australia			23
6.	51	Sara Swanson, US		U.S.A.			34
7.	75	Rachel Vienneau-Leblanc, CA		Canada			36
8.	72	Terri Sileno, US		U.S.A.			38
9.	77	Michelle Yatsuk, US		U.S.A.			42
10.	54	Orah Bigio, CA		Canada			56
11.	56	Elsa Patricia Giraldo Castro, MX		Mexico			56
12.	62	Anita Kus-Roberts, CA		Canada			58
13.	60	Aleisha Hart, CA		Canada			60
14.	66	Essie Numminen, US		U.S.A.			70
15.	67	Claudia Olvera, US		U.S.A.			78
16	53	Lauren Arnold, CA		Canada			80
16	57	Nikki Christides, US		U.S.A.			80
16	58	Patricia Felicita Gomez Chumpitaz, PE		Peru			80
16	64	Nina Loos, NL		Netherlands			80
16	65	Olivia McGuire, CA		Canada			80
16	68	Paula Adriana Frega Peredo, AR		Argentina			80
16	69	Laura Richards, US		U.S.A.			80
16	70	Jennifer Robinson, US		U.S.A.			80
16	71	Jessica Sheppard, US		U.S.A.			79



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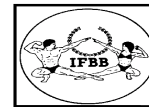
R E S U L T S

<i>Category: Women's Bodyfitness (Figure) Category D</i>								<i>Points</i>
1.	101	Laura Lee Pine, US		U.S.A.				8
2.	94	Heather Grace, US		U.S.A.				9
3.	85	Teresa Brant, US		U.S.A.				16
4.	81	Laura Bailey, US		U.S.A.				20
5.	97	Kathleen Lamberson, US		U.S.A.				27
6.	102	Amanda Schenk-Darce, US		U.S.A.				28
7.	83	Amy Boeckmann, US		U.S.A.				39
8.	93	Lauri Faraschuk, US		U.S.A.				40
9.	105	Katerina Tarbox, US		U.S.A.				41
10.	88	Erin Coleman, US		U.S.A.				49
11.	80	Ester Parisi, IT		Italy				58
12.	96	Elizabeth Karlin, US		U.S.A.				60
13.	104	Alice Simmons, US		U.S.A.				65
14.	103	Debbie Schmitmeyer, US		U.S.A.				69
15.	106	Monica Varrasso, US		U.S.A.				77
16	78	Marilyn Merino, PE		Peru				80
16	79	Rachel Omolewu, US		U.S.A.				80
16	87	Viviana Alejandra Casarubbia, AR		Argentina				80
16	89	Debbie Cox, US		U.S.A.				80
16	91	Kristina Dybdahl, DK		Denmark				80
16	92	Tina Ellison, US		U.S.A.				80
16	95	Lee Anne Graham, US		U.S.A.				80
16	98	Kathy Marcos, US		U.S.A.				80
16	99	Gloria Mohninger, CA		Canada				80



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16	107	Stacey Widger, US		U.S.A.				80
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<i>Category: Women's Bodyfitness (Figure) Class E</i>								<i>Points</i>
1.	114	Lea-Ann Ellison, US		U.S.A.				8
2.	39	Dannie Allison Hogan, US		U.S.A.				10
3.	116	Jocelyn Langton, US		U.S.A.				17
4.	111	Marie-Christine Deblock, FR		France				19
5.	110	Wendy Bogard, US		U.S.A.				31
6.	117	Allison Moyer, US		U.S.A.				34
7.	109	Shelly Yakimchuk, CA		Canada				34
8.	122	Gina Wilson		U.S.A.				40
9.	118	Angela Myers, US		U.S.A.				43
10.	119	Tibisay Robles, US		U.S.A.				53
11.	112	Ginette Delhaes, CA		Canada				56
12.	121	Katy Unruh, CA		Canada				57
13.	108	Mirian Sanchez, ES		Spain				64

<i>Category: Women's Bodyfitness (Figure) Class F</i>								<i>Points</i>
1.	133	Lori Mork, CA		Canada				6
2.	124	Kimberly Lairret, US		U.S.A.				13
3.	126	Stephanie Billings, US		U.S.A.				15
4.	128	Sheri Fisher, CA		Canada				21
5.	131	Andrea Lyons, US		U.S.A.				23
6.	132	Amanda Moran, US		U.S.A.				33
7.	138	Andrea Ternes, US		U.S.A.				36
8.	140	Viveca Williams, US		U.S.A.				38
9.	139	Tiffany Vik, CA		Canada				42
10.	125	Marie-Pierre Ripert, FR		France				55
11.	134	Jennifer Peckham, US		U.S.A.				55
12.	135	Marina Richardson, SE		Sweden				56
13.	123	Yulia Zabelina, RU		Russia				58

<i>Category: Women's Bikini - Short Class</i>								<i>Points</i>
1.	11	Gia Allemmand		U.S.A.				8
2.	14	Kristal Marshall		U.S.A.				11
3.	10	Beth Roedersheimer		U.S.A.				11
4.	3	Brooke Johnson Griffin, US		U.S.A.				20
5.	13	Joleen Axworthy		U.S.A.				24
6.	12	Janet Harding		U.S.A.				30
7.	8	Holly Schrader, US		U.S.A.				36
8.	2	Adrienne Gatch, US		U.S.A.				43



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9.	32	Mehrak Radparvar		U.S.A.				46
10.	1	Kimberly Castle, US		U.S.A.				50
11.	16	Venus Ramos		U.S.A.				54
12.	7	Amanda Olson, US		U.S.A.				56
13.	15	Lisa Browning		U.S.A.				69
14.	4	Nadine Koakoush, US		U.S.A.				69
15.	5	Gina Grayce Narlock, US		U.S.A.				72
16	9	Alicia Meza		U.S.A.				80

<i>Category: Women's Bikini - Tall Class</i>								<i>Points</i>
1.	26	Ali Sonoma, US		U.S.A.				5
2.	20	Sonya LaGore, US		U.S.A.				10
3.	23	Melissa Pittman, US		U.S.A.				15
4.	21	Nicolle Long, US		U.S.A.				20
5.	30	Kimberlee Strickland		U.S.A.				25
6.	22	Dorothy Nilsen, US		U.S.A.				33
7.	19	Kimberly Foreman, US		U.S.A.				34
8.	25	Jessica Slivka, US		U.S.A.				36
9.	17	Charla Cormier, US		U.S.A.				47
10.	28	Candy Meiring		U.S.A.				48
11.	29	Jessica Amy Reynolds		U.S.A.				57
12.	24	Diana Portlock, US		U.S.A.				57
13.	31	Tara Beck		U.S.A.				67
14.	18	Melanie Dana, US		U.S.A.				68
15.	27	Leyla Yurchick, US		U.S.A.				74

<i>Place</i>	<i>Category: Women's Fitness Short Class</i>			<i>Rnd1</i>	<i>Routine</i>	<i>Total Points</i>
1.	9	Sylvia Tremblay, CA		1	2	3
2.	1	Allison Ethier, CA		2	1	3
3.	5	Malena Marquez, US		4	4	8



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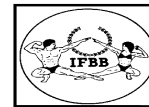
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4.	6	Venus Nguyen, US				5	3	8
5.	10	Michelle Yeager, US				3	7	10
6.	2	Skye Fisher, US				6	5	11
7.	4	Delphine Lhotte, CA				7	6	13
8.	3	Wendy Gardner, US				8	8	16

Place	Category Women's Fitness - Medium Class				Rnd 1	Routine	Total Points
1.	13	Meredith Miller, US			2	1	3
2.	14	Lauren Niehaus, US			1	3	4
3.	16	Morgan Spoon, US			3	2	5
4.	15	Lee Randell, CA			5	4	9

Place	Category Women's Fitness - Tall Class				Rnd 1	Routine	Total Points
1.	17	Autumn Edwards, US			2	2	4
2.	18	Tamee Marie, US			1	3	4
3.	20	Tatiana Tishchenko, RU			3	1	4

FINAL Place	COMPETITORS			SEMI FINAL SCORE ROUND 1	FINAL SUB SCORE ROUND 2	FINAL SUB SCORE ROUND 3	FINAL SCORE ROUND 2+3
	No.:	NAME	Country				
<i>Category: Women's Bodybuilding up to &amp; inkl. 56,7kg(Lightweight)</i>							
1.	3	Johanna Dejager, CA	Canada	5	10	5	15
2.	2	Millie Cleveland, BM	Bermuda	10	20	10	30
3.	9	Stacey Pillari, US	U.S.A.	19	34	16	50
4.	8	Alisha Morrow, US	U.S.A.	17	38	21	59
5.	4	Denise Dinger, US	U.S.A.	25	48	20	68
6.	12	Violetta A.G. Brandslien Sprus, NO	Norway	33			
7.	6	Matilde Pacheco Juarez, MX	Mexico	35			
8.	5	Lisa Janusz, US	U.S.A.	37			
9.	11	Julie Sleight, US	U.S.A.	52			
10.	13	Barbara Stannard, CA	Canada	52			
11.	7	Dee Lazard, US	U.S.A.	54			
12.	10	Penny Ruff, US	U.S.A.	56			

**IFBB***International Federation of Bodybuilding and Fitness*

**THE ARNOLD AMATEUR IFBB INTERNATIONAL  
BODYBUILDING, FITNESS and BODYFITNESS CHAMPIONSHIPS**

**COLUMBUS, OHIO, UNITED STATES of AMERICA, 5th March 2009**

**R E S U L T S**

<b>13.</b>	1	Xinli Cao, US	U.S.A.	61			
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All ties are broken using the Relative Placement method. Ties in the "Final Score" are broken using the athlete's Final Round score.

FINAL Place	COMPETITORS				SEMI FINAL SCORE ROUND 1	FINAL SUB SCORE ROUND 2	FINAL SUB SCORE ROUND 3	FINAL SCORE ROUND 2+3
	No.:	SURNAME	Given name	Country				
<i>Category: Women's Bodybuilding up to &amp; inkl. 63,5kg(Middleweight)</i>								
1.	20	Elena Shportun, RU		Russia	5	20	6	26
2.	22	Jill Lundy, US		U.S.A.	10	20	11	31
3.	120	Jo Stewart		New Zealand	15	26	16	42
4.	23	Salla Kauranen, FI		Finland	23	38	19	57
5.	19	Krista Schaus, CA		Canada	24	48	25	73
6.	14	Roxanne Edwards, US		U.S.A.	30			
7.	18	Nidia Hermosilla Ocampos, PY		Paraguay	34			
8.	129	Elia Nahuellhual		Chile	42			
9.	16	Michelle Kennedy, CA		Canada	43			
10.	17	Heather Manuel, CA		Canada	48			

All ties are broken using the Relative Placement method. Ties in the "Final Score" are broken using the athlete's Final Round score.

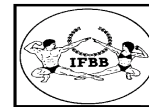
FINAL Place	COMPETITORS				SEMI FINAL SCORE ROUND 1	FINAL SUB SCORE ROUND 2	FINAL SUB SCORE ROUND 3	FINAL SCORE ROUND 2+3
	No.:	NAME		Country				
<i>Category: Women's Bodybuilding over. 63,5kg</i>								
1.	25	Maria Rita Bello,		Argentina	7	14	9	23
2.	28	Alevtina Goroshinskaya, RU		Russia	8	16	7	23
3.	132	Geraldine Morgan		Chile	15	30	14	44
4.	26	Dawn Elsea,		U.S.A.	20	44	23	67
5.	27	Marcia Ferguson, US		U.S.A.	25	46	22	68
6.	24	Debra Baker, US		U.S.A.	31			
7.	32	Evy Rustad, NO		Norway	32			

**Statistician: Wanda Tierney, U.K.**



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R E S U L T S

FINAL Place	COMPETITORS			
	No.:	NAME	Country	
<i>Category: W O M E N ' S BODYBUILDING OVERALL</i>				
1.	20	Elena Shportun	Russia	