

European Women's Bodybuilding, Bodyfitness, Fitness, Bikini & Men's Fitness Championships

Zagreb, Croatia, May 11-14, 2012



INSPECTION REPORT



WELCOME

The Organizing Committee of the Croatian Bodybuilding union take this opportunity to welcome all European National Federations to participate in the 2012 EBFF **European Women's Bodybuilding, Fitness, Bodyfitness, Bikini & Men's Fitness Championships** in Zagreb, Croatia – May 11th to 14th, 2012.

LOCATION

Welcome to Zagreb, the capital city of the Republic of Croatia. Zagreb is an old Central European city. For centuries it has been a focal point of culture and science, and now of commerce and industry as well. It lies on the intersection of important routes between the Adriatic coast and Central Europe.

Today's Zagreb has grown out of two medieval settlements that for centuries developed on neighbouring hills. The first written mention of the city dates from 1094, when a diocese was founded on Kaptol, while in 1242, neighbouring Gradec was proclaimed a free and royal city. Both the settlements were surrounded by high walls and towers, remains of which are still preserved.



When the Croatian people achieved their independence in 1991, Zagreb became a capital - a political and administrative centre for the Republic of Croatia. Zagreb is also the hub of the business, academic, cultural, artistic and sporting worlds in Croatia. Many famed scientists, artists and athletes come from the city, or work in it. Zagreb can offer its visitors the Baroque atmosphere of the Upper Town, picturesque open-air markets, diverse shopping facilities, an abundant selection of crafts and a choice vernacular cuisine. Zagreb is a city of green parks and walks, with many places to visit in the beautiful surroundings. The city will enter into the third millennium with a population of one million. In spite of the rapid development of the economy and transportation, it has retained its charm, and a relaxed feeling that makes it a genuinely human city.



Croatian National Theatre



St. Mark's Church

OFFICIAL HOTEL

The Official Hotel of the Championship is the **HOTEL "PORIN"**. Address: Sarajevska 41, 10000 Zagreb,

tel. +385 1 66 89 300, web: www.zug.hr



All hotel reservations (including accommodation before the official arrival as well as after the official departure and during the championships) for official delegates, competitors and extra delegates will be arranged only by the Organizing Committee of the Croatian Bodybuilding Union.

ACCOMMODATION

The Organizing Committee will provide accommodations and three meals per day for all the official members of the national federations according to the IFBB rules:

1. Three (3) or more competitors = Two (2) delegates
2. Two (2) competitors or less = One (1) delegate
3. National Federation with no athletes may send one (1) official delegate. This delegate will be responsible for all of his or her own expenses.

IMPORTANT NOTICE

All National Team Official Participants (athletes and delegates) must check-in BEFORE the start of the Weigh-in and Registration; by Friday, May 11, 2012, 7:00 pm. Any Official Participant not checked-in by this deadline will be classified as an "extra delegate" and will be responsible for all of his or her expenses.

Any judge, coach, or trainer who is not an Official Participant will be responsible for all of his or her own expenses. If your National Federation wishes to bring a judge, coach, or trainer, it is recommended that your Federation select this individual to be an Official Participant (e.g. delegate) for your Federation; otherwise, these individuals will be responsible for all of their own expenses. The same rule applies to all family members. **NO EXCEPTIONS WILL BE MADE UNDER ANY CIRCUMSTANCES.**

ADDITIONAL DELEGATES, SUPPORTERS, PRESS and PHOTOGRAPHERS

The Organizing Committee has established a **SPECIAL PACKAGE** including:

- Three nights
- Three meals per day (breakfast, lunch and dinner)
- Tickets for semifinals and finals
- Sightseeing tour
- Closing banquet
- Internal transport

The cost of **EURO € 350 per person in a double-bedded room or EURO € 450 for a single-bedded standard room.** For more information please ask the Organizing Committee.

HOTEL DEPOSIT

An initial deposit of **100.00 EUR PER PERSON** is required upon check-in for incidental and personal expenses, which may arise (telephone, laundry, room services, etc.). The unused portion of this deposit will be refunded at check-out. In order to facilitate matters, the chief delegate or team leader will be asked to provide a credit card or cash to cover the deposit for the entire team. This individual will be fully responsible for all expenses incurred by any members of his team. **PLEASE INFORM YOUR TEAM BEFORE DEPARTURE NOT TO CREATE ADDITIONAL EXPENSES.**

ARRIVALS / AIRPORT

The Croatian Bodybuilding and Fitness Association will pick you up at the Zagreb International Airport "Pleso" at your arrival. It is very important that every federation provides their details to the Organizing Committee including the number of people in their delegation. **Your cooperation is essential to ensuring adequate transportation for you team.**

TRANSPORTATION

The official airport for arrivals is the Zagreb International Airport "Pleso". Transportation from the airport to the hotel will be arranged for all teams. The organizer shall arrange the transportation on May 11th, 2012 from the airport to Hotel Porin, for **5 Euros** per person and on May 14th back to the airport for **5 Euros** per person, based on the stated times of arrivals and departures.

Any national teams arriving before the official arrival date of May 11th, 2012 and staying on after the official departure date of May 14th, 2012 will be responsible for their own transportation.

It is very important that every federation provides their details to the Organizing Committee, including the number of people in their delegation. **Your cooperation is essential to ensuring adequate transportation for you team.**

EARLY ARRIVALS

Any National Federations arriving before the official arrival date of May 11th, 2012 and staying on after the official departure date of date of May 14th 2012, will be responsible for all their own expenses. They will also be responsible for their own transportation between the hotel and the airport. The hotel expenses before the official arrival date of May 11th and after the official departure date of May 14th will be approximately **60,00 EUR** per day for a double room. You are obligated to notify the Organizing Committee of your early arrivals and staying after date of May 14th, 2012 and no later than April 27th, 2012.

IMPORTANT NOTICE

Please contact the Organizing Committee NO LATER THAN April 27th, 2012 for accommodations and other arrangements if you intend to arrive before the Official Arrival Date and/or depart after the Official Departure Date.

CATEGORIES OPEN FOR COMPETITION:

CATEGORY	DISCIPLINE	BODYWEIGHT/HEIGHT	A-TEAM	B-TEAM
Women	Bodybuilding	Up to & incl 55 kg	2	2
Women	Bodybuilding	Over 55 kg		
Women	Bodyfitness	Up to & incl 158 cm	4	4
Women	Bodyfitness	Up to & incl 163 cm		
Women	Bodyfitness	Up to & incl 168 cm		
Women	Bodyfitness	Over 168 cm		
Women	Fitness	Up to & incl 163cm	2	2
Women	Fitness	Over 163 cm		
Men	Fitness	Open	1	1
Women	Bikini	Up to & including 163 cm	3	3
Women	Bikini	Up to & including 168 cm		
Women	Bikini	Over 168 cm		
Women	Athletic fitness	Up to & incl 163 cm	2	2
Women	Athletic fitness	Over 163 cm		
Men	Athletic fitness	Up to & incl 175 cm	2	2
Men	Athletic fitness	Over 175 cm		

THE A-TEAM

- Each National Federation may enter an A-team. The maximum allowable number of competitors in the A-Team shall be equal to the total number of categories open for competition at the Championships; in this case, 16 competitors: 2 in Women's Bodybuilding, 2 in Women's Fitness, 4 in Women's Bodyfitness, 1 in Men's Fitness and 3 in Women's Bikini. Additionally there are 2 in Women's Athletic Fitness and 2 in Men's Athletic Fitness, the new discipline in the IFBB.
- The maximum allowable number of A-team competitors per National Federation in any one category shall not exceed two (2).
- Pursuant to applicable IFBB rules, the Organizer shall provide free-of-charge accommodations, meals, onsite transportation, and access to the Prejudging, Finals and Farewell Banquet to all A-team competitors.
- Each National Federation shall pay a Registration Fee of **EURO 250** for each A-team competitor and delegate.
- The A-team competitors shall compete for placings and awards, including the Best National Team award.
- A National Federation must fully declare its A-team competitors on the Final Entry Form and must register the A-team competitors upon check-in at the official hotel, failing which any undeclared competitor shall be responsible for all of his or her expenses.

THE B-TEAM

- Each National Federation may enter a B-team according to the rules specified below. Unless otherwise noted, the maximum allowable number of competitors in the B-team shall not exceed those in the A-team; in this case, 16 competitors: 2 in Women's Bodybuilding, 2 in Women's Fitness, 4 in Women's Bodyfitness, 1 in Men's Fitness and 3 in Women's Bikini and additionally there are 2 in Women's Athletic Fitness and 2 in Men's Athletic Fitness, the new discipline in the IFBB..
- Unless otherwise noted, the maximum allowable number of B-team competitors per National Federation in any one category shall not exceed two (2).
- The National Federation shall be obliged to pay the Full Special Package Rate of EURO 450 (in single room) or EUR 350 (in double room) for each B-team competitor. This package shall comprise the competitor accommodations, meals, onsite transportation, and access to the Prejudging, Finals and Farewell Banquet (included participation/registration fee of EURO 250).
- The B-team competitors shall compete for placings and awards, but will not be included in the Team's Classification.
- A National Federation must fully declare its B-team competitors on the Final Entry Form and must register the B-team competitors upon check-in at the official hotel, failing which any undeclared competitor shall be disqualified.

According to Article 9.4, point 20 of the IFBB Rules, the host National Federation may enter B-Team as well as C-Team, the same like A-Team, with up to a maximum of 2 C-Team competitors in any one category. C-Team competitors may compete for placing and awards, but will not be included in the Team's Classification. All C-Team competitors must be declared before the start of the Official Athlete Registration.

Important: any judges, coaches, or trainers and supporters who are not official A-team delegates will be responsible for all their own expenses.

WEIGH-IN AND MEASUREMENT OF ATHLETES

Weigh-in, measurement and registration of athletes will take place at the Hotel "PORIN". It is the responsibility of the chief delegate or team leader to, make sure that the athletes are on time. Any athletes who are late will not be accepted to participate.

REGISTRATION FEE

Each official athlete and delegate participating will be obliged to pay a REGISTRATION FEE OF **250.00 EUR**. This fee is payable to the EBFF upon arrival in the hotel in Zagreb. The registration fee is completely separate from the hotel deposit mentioned above.

SECRETARIAT

The Organizing Committee will have a secretariat desk in the lobby of the Hotel "PORIN" from May 11th to May 14th, 2012. You can obtain information and assistance from Secretariat when required.

VENUE SITE

The Prejudging and the Finales will be held at the **DOM ODBOJKE** at the **park MLADOST**, Jarunska 5, 10 000 Zagreb. Capacity of the new and modern hall is about **1.200** spectators. The venue site is about 12 minutes with Bus from the Hotel "PORIN".



BACKSTAGE / DRESSING ROOM ACCESS

Access to the backstage area and dressing room area shall be strictly limited to essential personnel ONLY. Coaches and trainers who assist athletes in the dressing room MUST BE OF THE SAME SEX AS THE ATHLETE THEY ARE ASSISTING.

GREEN CARDS

Green cards, used to limit access to the Weigh-in / Height Measurement and backstage area during the Prejudging and Finals, will be distributed at the Judges/Team Managers Meeting as follows: five (5) or more competitors - two (2) green cards; less than five (5) competitors - one (1) green card

IF A NATIONAL FEDERATION DOES NOT ATTEND THE JUDGES/TEAM MANAGERS MEETING, IT WILL NOT BE ISSUED A GREEN CARD.

CAMERAS / VIDEOTAPES

Cameras and videotapes shall be strictly prohibited in the backstage area and dressing room area except when used by duly recognized press personnel and, in any event, these devices shall be STRICTLY PROHIBITED IN THE DRESSING ROOM AREA.

DRESS CODE, PARADE OF NATIONS

The dress code for all delegates or officials for the Parade of nations is as follows: black dress shoes, dark socks, grey dress skirt, white shirt, IFBB tie, and blue blazer with IFBB crest.

POSING MUSIC

All posing music must be on a CD. The music must be at the start of the CD. Each competitor must affix his/her name on the CD for easy identification.

COMPETITOR INFORMATION FORM

Fill in this Form for each competitor of you National Team prior to your departure to Zagreb and include as many information as possible. This information is used to promote your competitors in press, TV, website and other media. Each athlete should have the Competitor Information Form with her/him at the Registration of competitors (weigh-in) in Zagreb .

ATHLETES WITHOUT DELEGATES

All Athletes competing at EBFF European Championships must be Members in Good Standing of their National Federations. Any Athlete who arrives without a Delegate must carry an **Official Letter of Authorization of Participation** from his National Federation, failing which the Athlete will not be allowed to participate.

NOMINATION FOR INTERNATIONAL JUDGES

All National Federation are reminded that their nominations of judges to the Championships must be also included in the Final Entry Form, according to the Amendments to the Rules: *that a National Federation must provide on the Final Entry Form the names of all judges (including test judges) nominated to officiate at the competition, failing which the individual will not be allowed to judge. All IFBB/EBFF International Amateur Judges must be in possession of a valid Judges card.*

All judges nominated by National Federations will have to pass the test of basic judging knowledge to be included in the official judging panels. This test will be run by the EBFF Judges Committee during the Technical Meeting.

Judges payment for 2011 is EUR 50.

In order to assist the Judges Committee in their selection of the judges for these championships, please also forward your nomination of judges from your Federation to

Mr. Erich Janner, EBFF Judges Committee Chairman, Fax: + 49 89 496-039; e-mail: janner@dbfv.de

DRUG TESTING

Doping control will be conducted by the IFBB Medical Commission pursuant to the IFBB Anti-Doping Rules, using the WADA accredited laboratory.

In order to compete in the Championships, all competitors at the Weigh-in and Registration will be required to sign a *Doping Control Consent & Waiver of Liability Form*.

The IFBB is a Signatory to the WADA Code. Participating National Federations have a duty and an obligation to ensure that their National Team athletes are competing drug-free at IFBB international competitions.

VISAS

A valid passport is required to entry into Republic of Croatia. **Please consult the Croatian Embassy in your country to determine if you need a visa**

OTHER VITAL INFORMATION

- **TIME DIFFERENCE:** GMT +1;

- **CLIMATE:** During the month of May, the temperature is about 20-25°C.

- **ELECTRICAL CURRENT:** 220 volts

- **CURRENCY:** The national currency in republic of Croatia is the Croatian Kuna (hrk). One Euro is approximately 7,60 HRK, but the rates can fluctuate. All major credit cards are accepted in hotels, restaurants and most of the shops.

PRELIMINARY ENTRY FORM

Please return the **Preliminary Entry Form** to the Organizing Committee immediately as soon as possible but not later than March 10th, 2012 and indicate your federation's **intentions to participate** and the **number** of people from your country who will be attending the championships.

FINAL ENTRY FORM

Deadline date is **April 29th, 2012**. Please confirm the actual names of delegates and competitors and their weight/height category. Also include flight arrival and departure information.

IN ORDER TO GURANTEE HOTEL ACCOMODATIONS FOR YOUR TEAM, THE FINAL ENTRY FORM MUST BE RETURNED **April 29th, 2012**.

Your co-operation is essential to ensuring your accommodations at the hotels and assuring adequate transportation for your team.

PLEASE TAKE NOTE

All National Federations that do not advise in advance about their extra delegates and supporters to the Organizing Committee may have a risk to find out that the Hotel has no rooms available, due to its limited capacity. PLEASE NOTIFY THE ORGANIZING COMMITTEE ABOUT THE NUMBER OF YOUR EXTRA DELEGATES/INDIVIDUALS.

Please send all correspondence to:

Damir Siser, prof
CBBU President
Fax: 00385-1-3496-919
E-mail: crobbf@gmail.com

with copy to the EBFF Headquarters:

Dr. Rafael Santonja,
IFBB President
Fax: +35 91 636 1270
E-mail: internacional@santonja.com

PROVISIONAL TENTATIVE SCHEDULE

THURSDAY, 10th May:

Arrivals of the IFBB Executive Council members

FRIDAY, 11th May:

up to 4:00 p.m. - Arrivals of Delegates and Competitors, check in
10:00 a.m. - Press Conference

12:00 a.m. – 2:00 p.m. - Lunch
6:00 p.m. - Judges and Technical Meeting
7:00 p.m. - Weigh-in, Measurement, Registration
9:00 – 10:30 p.m. - Dinner

SATURDAY, 12th May:

7:00 – 9:00 a.m. - Breakfast
10:00 a.m. – 2:00 p.m. - Prejudging
2:00 p.m. – 4:00 p.m. - Lunch
4:00 a.m. – 8:00 p.m. - Prejudging
8:00 – 10:00 p.m. - Dinner

SUNDAY, 13th May:

7:00 – 9:00 a.m. - Breakfast
9:00 – 12:00 a.m. - Sightseeing tour
12:00 a.m. – 2:00 p.m. - Lunch
3:00 – 8:00 p.m. - Finals
9:00 p.m. - Closing Banquet

MONDAY, 14th May:

7:00 – 10:00 a.m. - Breakfast
- Check-out and Departures



European Bodybuilding & Fitness Federation
Calle Dublin No. 39-I, 28232 Las Rozas, Madrid, Spain
Tel: +34 91 535 2819 Fax: +34 91 636 1270
E-mail: internacional@santonja.com Website: www.ifbb.com

PRELIMINARY ENTRY FORM

EBFF WOMEN'S EUROPEAN BODYBUILDING, FITNESS, BODYFITNESS, ATHLETIC FITNESS & MEN'S FITNESS and ATHLETIC FITNESS CHAMPIONSHIPS

Zagreb, Croatia

11-14 May 2012

In order to assist in the planning and organization of these Championships, please complete the Preliminary Entry Form and return it to the Organizing Committee **AS SOON AS POSSIBLE BUT NO LATER THAN MARCH 10th 2012.**

PLEASE PRINT CLEARLY

FEDERATION NAME: _____

FEDERATION CONTACT PERSON: _____

FAX NUMBER: _____ E-MAIL: _____

Our Federation is planning to participate in the **2012 European Women Bodybuilding, Bodyfitness, Fitness & Bikini and Men and Women Athletic Fitness and Men Fitness Championships**

Please indicate "YES" or "NO".

NUMBER OF DELEGATES: _____ NUMBER OF ATHLETES: _____

NUMBER OF EXTRA DELEGATES AND SUPPORTERS: _____

Please be advised that there will be sixteen (16) categories at these Championships as follows: Bodybuilding (-55kg), Bodybuilding (+55kg), Fitness (-163cm), Fitness (+163cm), Body Fitness (-158cm), Body Fitness (-163cm), Body Fitness (-168cm), Body Fitness (+168cm), Bikini (-158 cm), Bikini (-163 cm), Bikini (-163 cm), Bikini (-163 cm), Athletic fitness women (-163 cm), Athletic fitness women (+163 cm), (Men's Fitness (open), Athletic fitness men (-175 cm), Athletic fitness men (+175 cm),

Each National Federation may enter an A-team of up to a maximum of sixteen (16) athletes. Thirteen (13) female athletes and three (3) male athletes. A maximum of two (2) A-team athletes per category per National Federation is permitted. Each National Federation may enter a B-team of up to a maximum of sixteen (16) athletes: two (2) bodybuilding, two (2) fitness, four (4) body fitness, three (3) bikini and one (1) men's fitness, two (2) Athletic Fitness Men and two (2) Athletic Fitness Women. A maximum of two (2) B-team athletes per category per National Federation is permitted.

IMPORTANT: Three (3) or more athletes – two (2) official delegates permitted. Less than three (3) athletes – one official (1) delegate permitted. National Federations with no athletes may send one (1) official delegate; however, this delegate will be responsible for all of his or her expenses. Any judges, coaches, or trainers who are not official delegates will be responsible for all of their expenses.

PLEASE RETURN THE PRELIMINARY ENTRY FORM, INDICATING YOUR INTENT TO PARTICIPATE OR NOT, NO LATER THAN MARCH 10TH, 2012, TO:

Please visit www.ifbb.com for detailed information on this event.

Please send the Preliminary Entry Form to the organizing committee:

Damir Siser, prof
CBBU President
Fax: 00385-1-3496-919
E-mail: crobbsf@gmail.com

with copy to the EBFF Headquarters:
Dr. Rafael Santonja,
IFBB President
Fax: +35 91 636 1270
E-mail: internacional@santonja.com

And
Wanda Tierney
EBFF Technical Committee
Wanda.tierney@ifbb-uk.com

NOT LATER THAN March 10th 2012 !!!



European Bodybuilding & Fitness Federation
 Calle Dublin No. 39-I, 28232 Las Rozas, Madrid, Spain
 Tel: +34 91 535 2819 Fax: +34 91 636 1270
 E-mail: internacional@santonja.com Website: www.ifbb.com

FINAL ENTRY FORM

EBFF WOMEN'S EUROPEAN BODYBUILDING, FITNESS, BODYFITNESS, ATHLETIC FITNESS & MEN'S FITNESS and ATHLETIC FITNESS CHAMPIONSHIPS

Zagreb, Croatia, 11-14 May 2012

In order to assist in the planning and organization of these Championships, please complete the Final Entry Form and return it to the Organizing Committee **AS SOON AS POSSIBLE BUT NO LATER THAN April 29th, 2012.**

PLEASE PRINT CLEARLY

FEDERATION NAME: _____

FAX: _____ E-MAIL: _____

	NAME OF DELEGATE(S) - (AS WRITTEN IN PASSPORT)	PASSPORT NUMBER
1		
2		

	NAME OF EXTRA DELEGATE(S) - (AS WRITTEN IN PASSPORT)	PASSPORT NUMBER
1		
2		

THE "A" TEAM

WOMEN'S BODYBUILDING (UP TO & INCL 55KG)		
	COMPETITOR NAME (AS WRITTEN IN PASSPORT)	PASSPORT #
1		
2		

WOMEN'S BODYBUILDING (OVER 55KG)		
	COMPETITOR NAME (AS WRITTEN IN PASSPORT)	PASSPORT #
1		
2		

WOMEN'S FITNESS (UP TO & INCL 163CM)		
	COMPETITOR NAME (AS WRITTEN IN PASSPORT)	PASSPORT #
1		
2		

WOMEN'S FITNESS (OVER 163CM)		
	COMPETITOR NAME (AS WRITTEN IN PASSPORT)	PASSPORT #
1		
2		

WOMEN'S BODY FITNESS "FIGURE" (UP TO & INCL 158 CM)		
	COMPETITOR NAME (AS WRITTEN IN PASSPORT)	PASSPORT #
1		
2		

WOMEN'S BODY FITNESS "FIGURE" (UP TO & INCL 163 CM)		
	COMPETITOR NAME (AS WRITTEN IN PASSPORT)	PASSPORT #
1		
2		

WOMEN'S BODY FITNESS "FIGURE" (UP TO & INCL 168 CM)		
	COMPETITOR NAME (AS WRITTEN IN PASSPORT)	PASSPORT #
1		
2		

WOMEN'S BODY FITNESS "FIGURE" (OVER 168 CM)		
	COMPETITOR NAME (AS WRITTEN IN PASSPORT)	PASSPORT #
1		
2		

WOMEN'S BIKINI FITNESS (UP TO & INCL 163 CM)		
COMPETITOR NAME (AS WRITTEN IN PASSPORT)		PASSPORT #
1		
2		

WOMEN'S BIKINI FITNESS (UP TO & INCL 168 CM)		
COMPETITOR NAME (AS WRITTEN IN PASSPORT)		PASSPORT #
1		
2		

WOMEN'S BIKINI FITNESS (OVER 168 CM)		
COMPETITOR NAME (AS WRITTEN IN PASSPORT)		PASSPORT #
1		
2		

ATHLETIC FITNESS WOMEN (UP TO & INCL 163 CM)		
COMPETITOR NAME (AS WRITTEN IN PASSPORT)		PASSPORT #
1		
2		

ATHLETIC FITNESS WOMEN (OVER 163 CM)		
COMPETITOR NAME (AS WRITTEN IN PASSPORT)		PASSPORT #
1		
2		

MEN'S FITNESS (OPEN)		
COMPETITOR NAME (AS WRITTEN IN PASSPORT)		PASSPORT #
1		

ATHLETIC FITNESS MEN (UP TO & INCL 175 CM)		
COMPETITOR NAME (AS WRITTEN IN PASSPORT)		PASSPORT #
1		
2		

ATHLETIC FITNESS MEN (OVER 175 CM)		
COMPETITOR NAME (AS WRITTEN IN PASSPORT)		PASSPORT #
1		
2		

THE "B" TEAM

WOMEN'S BODYBUILDING (UP TO & INCL 55KG)		
COMPETITOR NAME (AS WRITTEN IN PASSPORT)		PASSPORT #
1		

WOMEN'S BODYBUILDING (OVER 55KG)		
COMPETITOR NAME (AS WRITTEN IN PASSPORT)		PASSPORT #
1		

WOMEN'S FITNESS (UP TO & INCL 163CM)		
COMPETITOR NAME (AS WRITTEN IN PASSPORT)		PASSPORT #
1		
2		

WOMEN'S FITNESS (OVER 163CM)		
COMPETITOR NAME (AS WRITTEN IN PASSPORT)		PASSPORT #
1		
2		

WOMEN'S BODY FITNESS "FIGURE" (UP TO & INCL 158 CM)		
COMPETITOR NAME (AS WRITTEN IN PASSPORT)		PASSPORT #
1		
2		

WOMEN'S BODY FITNESS "FIGURE" (UP TO & INCL 163 CM)		
COMPETITOR NAME (AS WRITTEN IN PASSPORT)		PASSPORT #
1		
2		

WOMEN'S BODY FITNESS "FIGURE" (UP TO & INCL 168 CM)		
COMPETITOR NAME (AS WRITTEN IN PASSPORT)		PASSPORT #
1		
2		

WOMEN'S BODY FITNESS "FIGURE" (OVER 168 CM)		
COMPETITOR NAME (AS WRITTEN IN PASSPORT)		PASSPORT #
1		
2		

WOMEN'S BIKINI FITNESS (UP TO & INCL 163 CM)		
COMPETITOR NAME (AS WRITTEN IN PASSPORT)		PASSPORT #
1		
2		

WOMEN'S BIKINI FITNESS (UP TO & INCL 168CM)		
COMPETITOR NAME (AS WRITTEN IN PASSPORT)		PASSPORT #
1		
2		

WOMEN'S BIKINI FITNESS (OVER 168CM)		
COMPETITOR NAME (AS WRITTEN IN PASSPORT)		PASSPORT #
1		
2		

ATHLETIC FITNESS WOMEN (UP TO & INCL 163 CM)		
COMPETITOR NAME (AS WRITTEN IN PASSPORT)		PASSPORT #
1		

ATHLETIC FITNESS WOMEN (OVER 163 CM)		
COMPETITOR NAME (AS WRITTEN IN PASSPORT)		PASSPORT #
1		

MEN'S FITNESS (OPEN)		
COMPETITOR NAME (AS WRITTEN IN PASSPORT)		PASSPORT #
1		
2		

ATHLETIC FITNESS MEN (UP TO & INCL 175 CM)		
COMPETITOR NAME (AS WRITTEN IN PASSPORT)		PASSPORT #
1		

ATHLETIC FITNESS MEN (OVER 175 CM)		
COMPETITOR NAME (AS WRITTEN IN PASSPORT)		PASSPORT #
1		

ARRIVAL DATE & TIME: _____	AIRLINE & FLIGHT #: _____
DEPARTURE DATE & TIME: _____	AIRLINE & FLIGHT #: _____

Please be advised that there will be sixteen (16) categories at these Championships as follows:

- **WOMEN'S BODYBUILDING (2)**, Women's Bodybuilding up to & incl. 55 kg., Women's Bodybuilding over to 55 kg.
- **WOMEN'S FITNESS (2)**, Women Fitness up to & incl. 163 cm., Women Fitness over 163 cm..
- **MEN FITNESS (OPEN)**,.
- **BODY FITNESS (4)**, Senior Women Bodyfitness up to & incl. 158 cm., Senior Women Bodyfitness up to & incl. 163 cm., Senior Women Bodyfitness up to & incl. 168 cm., Senior Women Bodyfitness over 168 cm..
- **WOMEN'S BIKINI-FITNESS (3)**, Women Bikini-Fitness up to & incl. 163 cm., Women Bikini-Fitness up to & incl. 168 cm., Women Bikini-Fitness over 168 cm.
- **WOMEN'S ATHLETIC FITNESS (2)**, Women Athletic Fitness up to & incl. 163 cm., Women Athletic Fitness over 163 cm..
- **MEN'S ATHLETIC FITNESS (2)**, Men Athletic Fitness up to & incl. 175 cm., Men Athletic Fitness over 175 cm..

Each National Federation may send up to a maximum of sixteen (16) athletes, as a "A"-team and up to a maximum of sixteen (16) athletes in "B"-team to **WORLD WOMEN'S BODYBUILDING, FITNESS, BODYFITNESS, BIKINI-FITNESS & MEN'S FITNESS CHAMPIONSHIPS**, with a maximum of two (2) "A"-

team athletes per category (except Men's Fitness with maximum 1 "A"-team) and maximum of two (2) "B"- team per category.

IMPORTANT: Three (3) or more athletes – two (2) official delegates permitted. Less than three (3) athletes – one official (1) delegate permitted. National Federations with no athletes may send one (1) official delegate; however, this delegate will be responsible for all of his or her expenses. Any judges, coaches, or trainers who are not official delegates will be responsible for all of their expenses.

PLEASE RETURN THE FINAL ENTRY FORM, INDICATING YOUR INTENT TO PARTICIPATE OR NOT, NO LATER THAN **APRIL 29th2012, TO:**

Send the Final Entry Form to: Mr. Damir Siser Croatian bodybuilding Union Tel/fax 00385 1 3496-919 Mobile: +385 91 2202-990 E-mail: crobbf@gmail.com	Please copy all correspondence to: International Federation of Bodybuilding & Fitness (IFBB) Tel: +34 91 535 2819 Fax: +34 91 535 0320 E-mail: internacional@santonja.com Web: www.ifbb.com AND: wanda.tierney@ifbb-uk.com
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Please visit www.ifbb.com for detailed information on this event.