



International Federation of Bodybuilding and Fitness

DISTRIBUTION OF “A” AND “B” TEAMS AT IFBB WORLD CHAMPIONSHIPS

WOMEN’S WORLD CHAMPIONSHIPS			
DISCIPLINE	CATEGORY	“A” TEAM	“B” TEAM
Women’s Bodybuilding	-52kg		
Women’s Bodybuilding	-57kg	3	0
Women’s Bodybuilding	+57kg		
Women’s Fitness	-164cm	2	2
Women’s Fitness	+16cm		
Women’s Body Fitness	-158cm		
Women’s Body Fitness	-163cm	4	4
Women’s Body Fitness	-168cm		
Women’s Body Fitness	+168cm		
Men’s Fitness	Open	1	1
TOTAL		10	7

The host National Federation only may enter a “C” team, consisting of 3 female bodybuilders, 2 female fitness athletes, 4 female body fitness athletes and 1 male fitness athlete, with up to a maximum of 2 “C”-team competitors in any one category. “C”-team competitors may compete for placings and awards, except for the Best National Team Award. All “C”-team competitors must be declared before the start of the Weigh-in/Height Measurement and Official Athlete Registration.

MEN’S WORLD CHAMPIONSHIPS			
DISCIPLINE	CATEGORY	“A” TEAM	“B” TEAM
Men’s Bodybuilding	-65kg		
Men’s Bodybuilding	-70kg		
Men’s Bodybuilding	-75kg		
Men’s Bodybuilding	-80kg	8	0
Men’s Bodybuilding	-85kg		
Men’s Bodybuilding	-90kg		
Men’s Bodybuilding	-100kg		
Men’s Bodybuilding	+100kg		
TOTAL		8	0

The host National Federation only may enter a “B” team, consisting of 8 male bodybuilders, with up to a maximum of 2 “B”-team competitors in any one category. “B”-team competitors may compete for placings and awards, except for the Best National Team Award. All “B”-team competitors must be declared before the start of the Weigh-in/Height Measurement and Official Athlete Registration.



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JUNIORS & MASTERS WORLD CHAMPIONSHIPS			
DISCIPLINE	CATEGORY	“A” TEAM	“B” TEAM
Junior Women’s Bodybuilding	Open	1	1
Junior Men’s Bodybuilding	-75kg	2	2
Junior Men’s Bodybuilding	+75kg		
Master Women’s Bodybuilding	Open	1	0
Master Men’s Bodybuilding	-70kg	6	unlimited
Master Men’s Bodybuilding	-80kg		
Master Men’s Bodybuilding	-90kg		
Master Men’s Bodybuilding	+90kg		
Master Men’s Bodybuilding	50+		
Master Men’s Bodybuilding	60+		
Junior Men’s Classic Bodybuilding	Open	1	1
Junior Women’s Fitness	-164cm	2	2
Junior Women’s Fitness	+164cm		
Junior Men’s Fitness	Open	1	1
Junior Women’s Body Fitness	-163cm	2	2
Junior Women’s Body Fitness	+163cm		
Master Women’s Body Fitness	Open	1	1
TOTAL		17	10 plus unlimited in Master Men’s Bodybuilding

The host National Federation only may enter a “C” team, consisting of 1 female junior bodybuilder, 2 male junior bodybuilders, 1 female master bodybuilder, 6 male master bodybuilders, 1 male junior classic bodybuilder, 2 female junior fitness athletes, 1 male junior fitness athlete, 2 female junior body fitness athletes and 1 female master body fitness athlete, with up to a maximum of 2 “C”-team competitors in any one category. “C”-team competitors may compete for placings and awards, except for the Best National Team Award. All “C”-team competitors must be declared before the start of the Weigh-in/Height Measurement and Official Athlete Registration.