

# RAFAEL SANTOJA GOMEZ (BRIEF CURRICULUM)

## **Academic**

Pharmaceutical by the Complutense University of Madrid  
Doctorate in Nutrition  
Member of the Board of the American Anti-Aging Academy and International Anti-Aging Academy  
Member of the Spanish Bromatology Society  
Author of many books plus more than 100 articles and essays about nutrition  
Symposiums speaker and scientific meetings in different countries  
President of the Anti-Aging International Congress in Madrid

## **Distinctions**

President of the Spanish Association of Bodybuilding 1982/1990  
Honour Medal of the Syrian Olympic Committee 1994  
Honour Medal of the Pan-American Sports Organization Congress 1996  
Honour Guest of the City of San Pedro Sula (Honduras 1997)  
Honour Citizen and City Keys of Ambato (Ecuador)  
Honour Guest and Medal of the City of Casablanca (Morocco)  
National Academy of Sports Medicine USA Award  
Gold Medal of the International Federation of Bodybuilding  
Medal of the Bratislava University (Slovakia)  
Honour Guest of the City of San Petersburg  
Medal of the City of Tyumen (Siberia)  
Medal of the Youth Ministry of Jordan  
Ambassador at large of Guam  
Distinguished guest of the City of Santiago de Cali (Colombia)  
Medal of the Slovakian Parliament  
Medal of the El Salvador Olympic Committee  
Distinguished guest of the City of Guatemala  
Commendation of Guam Senate  
Medal of the Honduras Olympic Committee  
Medal of the Uruguayan Olympic Committee  
Keys of the city of Yangon-Rangum

## **Professional Address and phone:**

C/Jaén, 8  
28020 Madrid (Spain)  
Tel: (34) 91 535 28 19  
Fax: (34) 91 535 03 20  
Email: internacional@santonja.com

## **Sports**

President of the Spanish Association of Bodybuilding 1982/1990

Vice president of the Spanish Weight-Lifting Federation 1988/1992

President of the Spanish Weight-Lifting Federation 1992/2001

Spanish Olympic Committee Member since 1993

Member of the Antidoping National Commission (March 1997)

Judges Committee Secretary of the International Federation of Bodybuilding (IFBB) 1985/1990

Judges Committee Chairman of the International Federation of Bodybuilding (IFBB) since 1990

Vice president of the International Federation of Bodybuilding since 1985

Executive Assistant to the President of the International Federation of Bodybuilding since 1985

IFBB representative in the General Assembly of International Sports Federations (Monte Carlo), since 1987

IFBB representative in the International Olympic Committee

Chairman of the organising committee of twelve IFBB World Men, Women, Junior and Masters Championships organized in Spain since 1987